

APRIL 23 – 24, 2014

CRYSTAL GATEWAY MARRIOTT • ARLINGTON, VIRGINIA

- International
- Emerging Technology
- Symposium

Innovative Technologies [and Design Concepts] in Commercial Foodservice



**Food Service
Technology Center** 

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Fisher Consultants

PG&E Food Service Technology Center
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Food Service Technology Center: Who? What? Why?

The Food Service Technology Center (FSTC) is an unbiased energy-efficiency research program funded by California utility customers.

Specializing in commercial food service.

Promoting energy efficiency and performance

Celebrating 27 years of hard work!

rebate info
design guides
cost calculators
seminars
energy tips
contact information

Equipment Rebates
It pays to be efficient! Take advantage of cash incentives on energy saving equipment.

Events and Seminars
Energy Efficiency
Jan 21st, 2010 - ...
Foodservice Ref...
Jan 26th, 2010 - ...
Food Service Ref...
Jan 28th, 2010 - ...

PG&E
Custom
Find local
third-party programs.

lighting. No cost tips too!

Richard Young explains why choosing energy-efficient appliances is a smart business decision.

fishnick.com

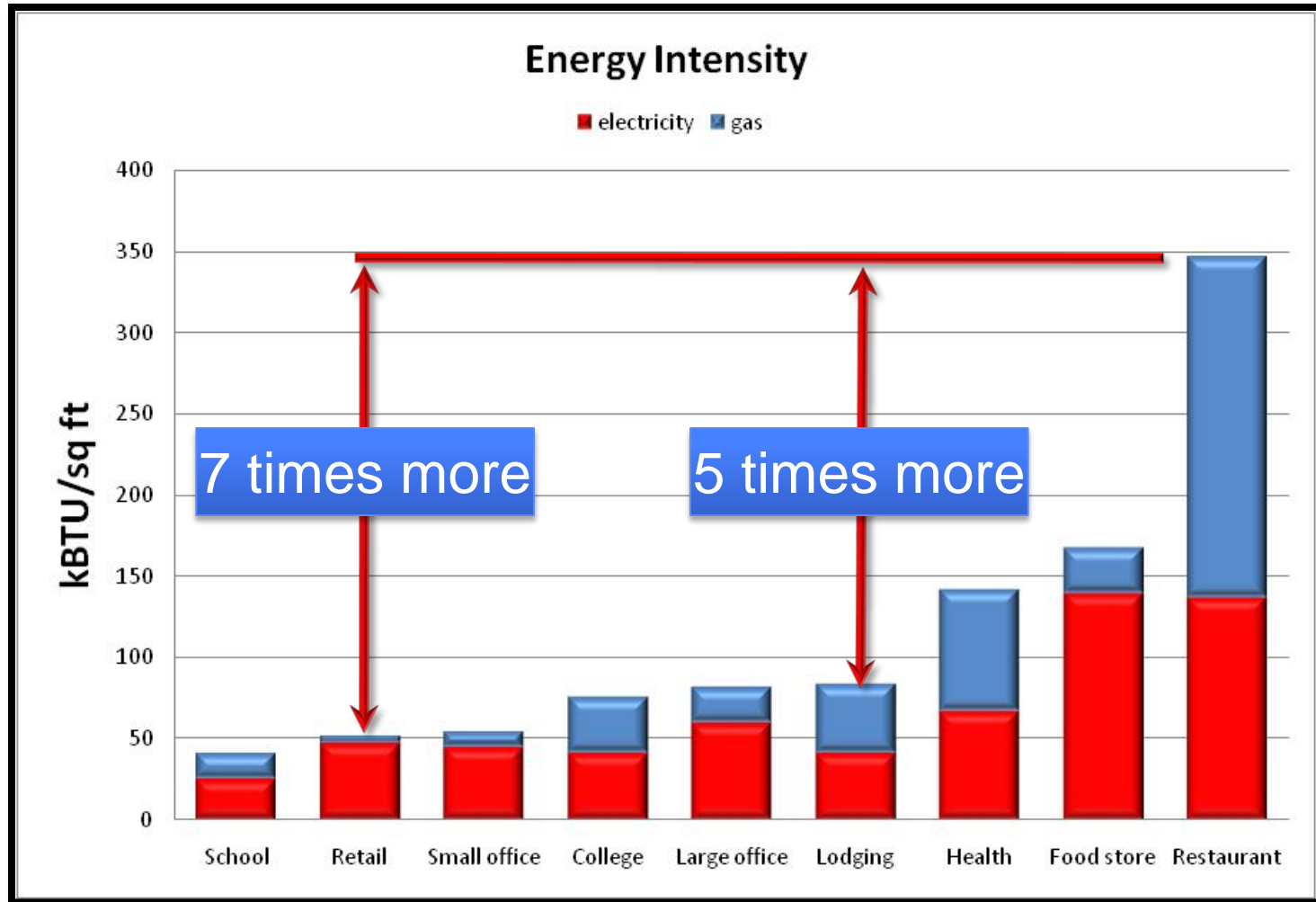


**Food Service
Technology Center**



Our Mission is to bring “MPG”
and Performance information to
the entire commercial food
service world.

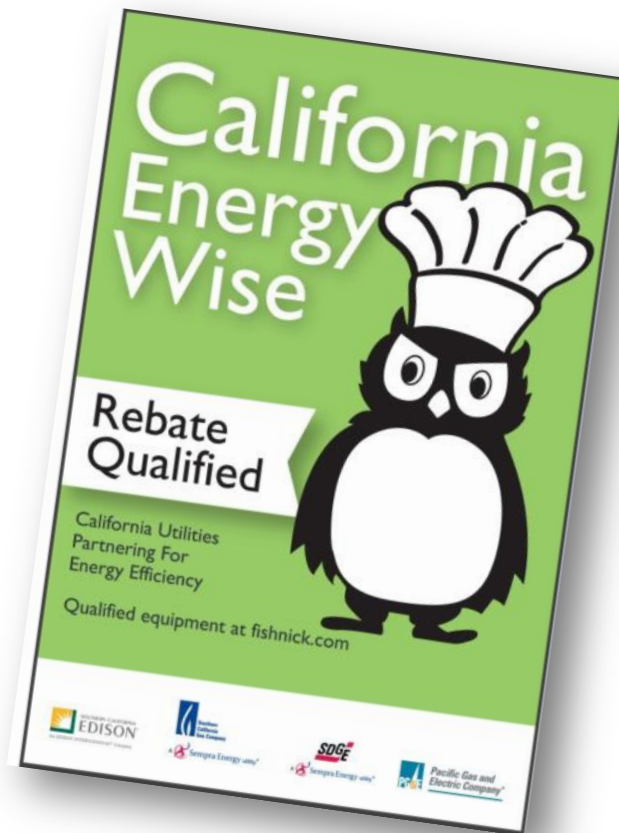
Why? Food Service is Energy Intensive!





**Food Service
Technology Center** **PG&E**[®]

We've had some major success:



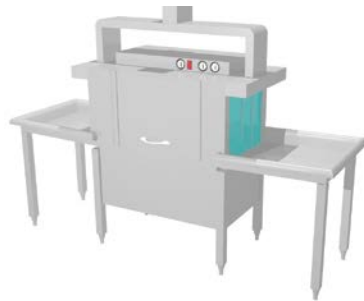


Refrigeration

Hot Holding
Cabinets

Fryers

Steamers



Griddles

Dish Machines

Ice Machines

Convection
Ovens

Appliance Testing Laboratory

- create ASTM Standard Test Methods
&
“miles-per-gallon” numbers for appliances



The controlled environment “levels the playing field.”

A single appliance can consume more energy per year than your home!



**If you had to gas each appliance every morning,
one's perspective would quickly change...**



Consider this line's Energy Bill

\$11,400

Manual Griddle
\$3,000/yr

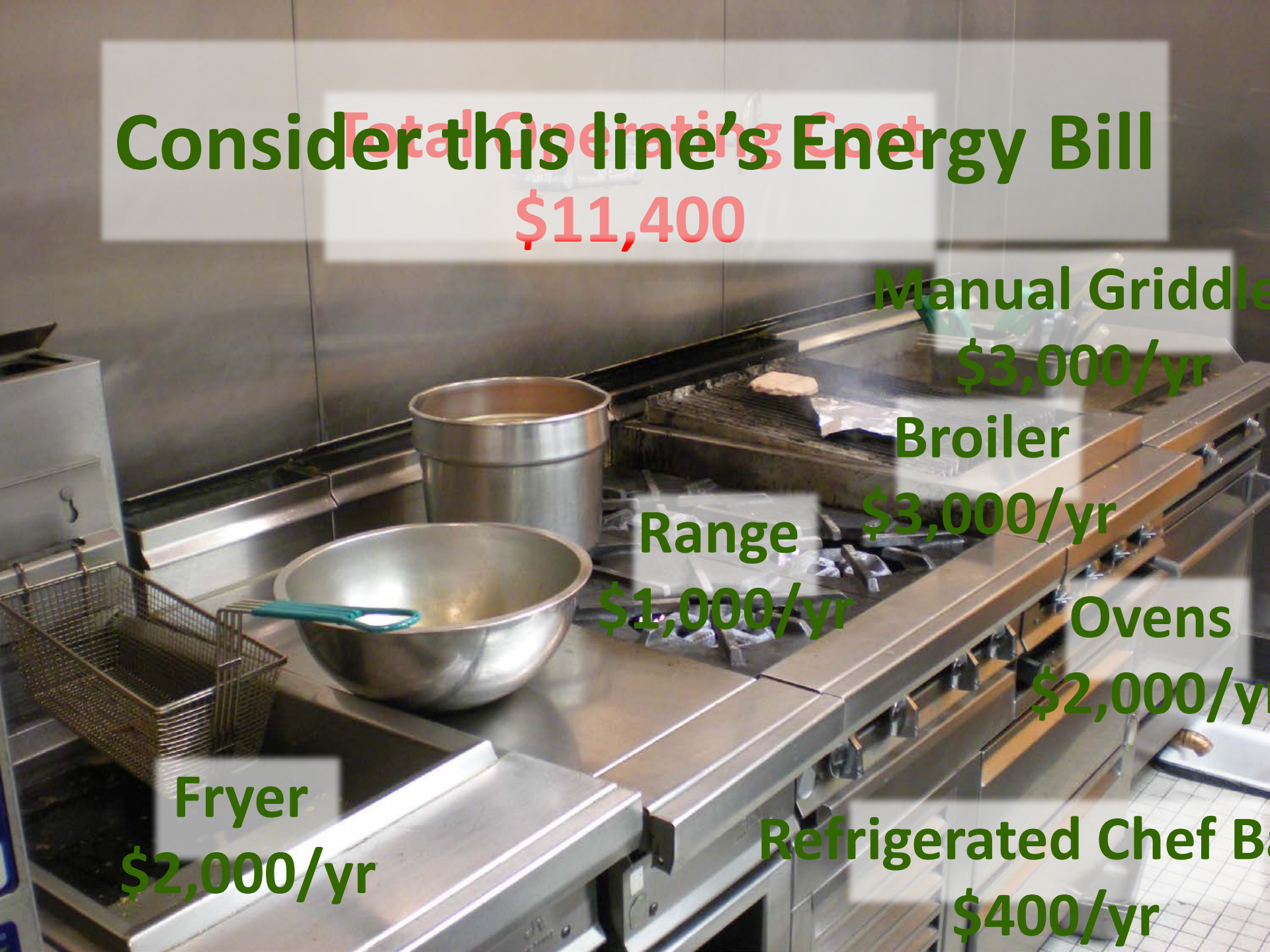
Broiler
\$3,000/yr

Range
\$1,000/yr

Ovens
\$2,000/yr

Fryer
\$2,000/yr

Refrigerated Chef B
\$400/yr



Each commercial kitchen can include dozens of energy uses.

Example: A typical McDonald's kitchen has about 70 different pieces of gas and electric equipment.



What have we learned?

Appliances are not created equal!



What makes an appliance more efficient?



Induction



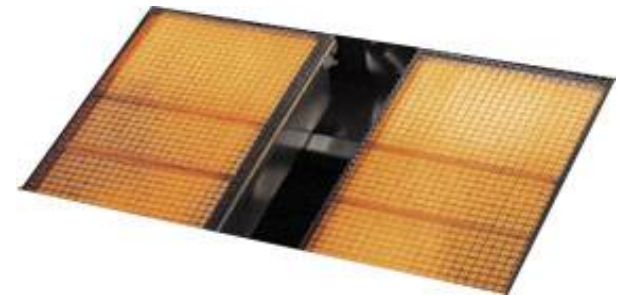
Smart Controls



Insulation



Good Heat Exchange



Powered or
IR Burners

...less efficient?



Low-Cost
Components



No Insulation



Poor Heat
Exchange



Manual Control

Dead giveaway for an Inefficient Fryer



Cast Iron Burner

Insulation Saves Energy!



40% Reduction in Energy Use



...at \$0.90 per therm!

- Rated input: 144,000 Btu/hr
- Assume average consumption of 100,000 Btu/h
- Over a 10 hr Day
- 360 days per year
- @ \$0.90/therm

100,000 Btu/h = 1 therm, so..

1 therm x 10 hr x 360 days = 3600 therms/yr

= 3600 therms x \$0.90 = **\$3240/yr!**



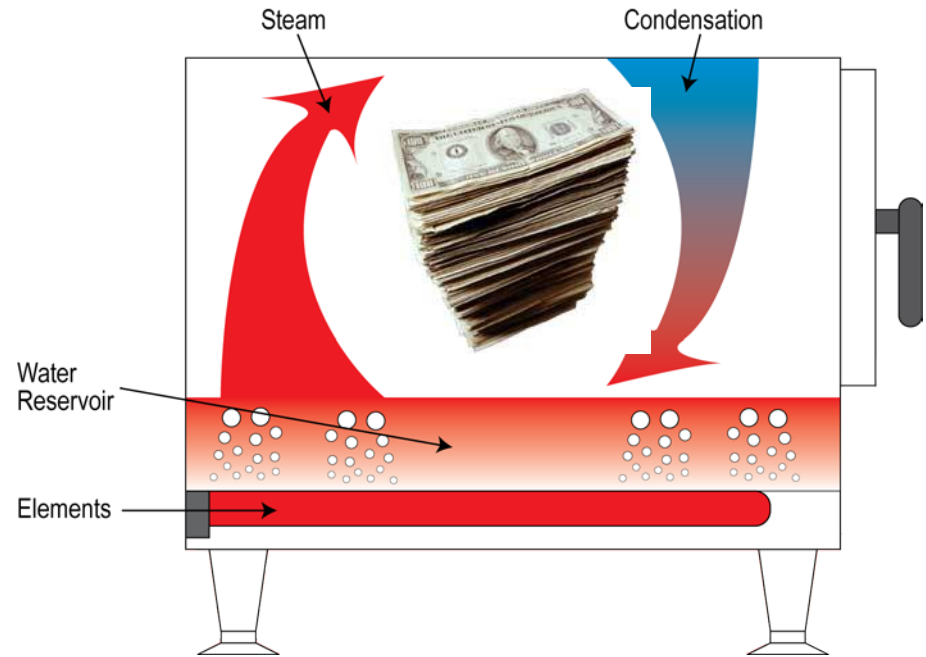
Why not a lid?



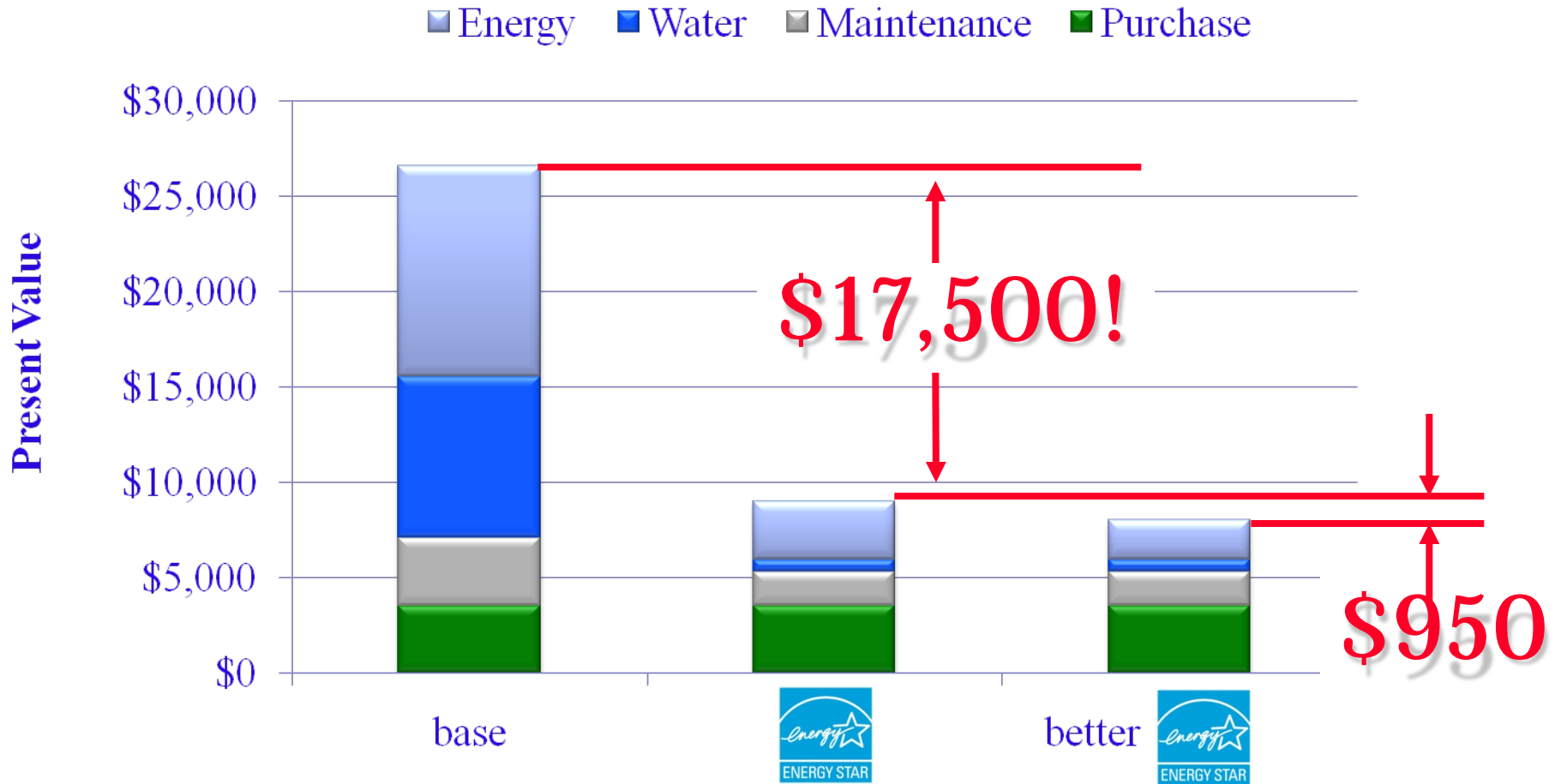


The Steamer Challenge:

The closed-system steamer is much more energy and water efficient



8-Year Life-Cycle Cost Three-pan Steamer Example

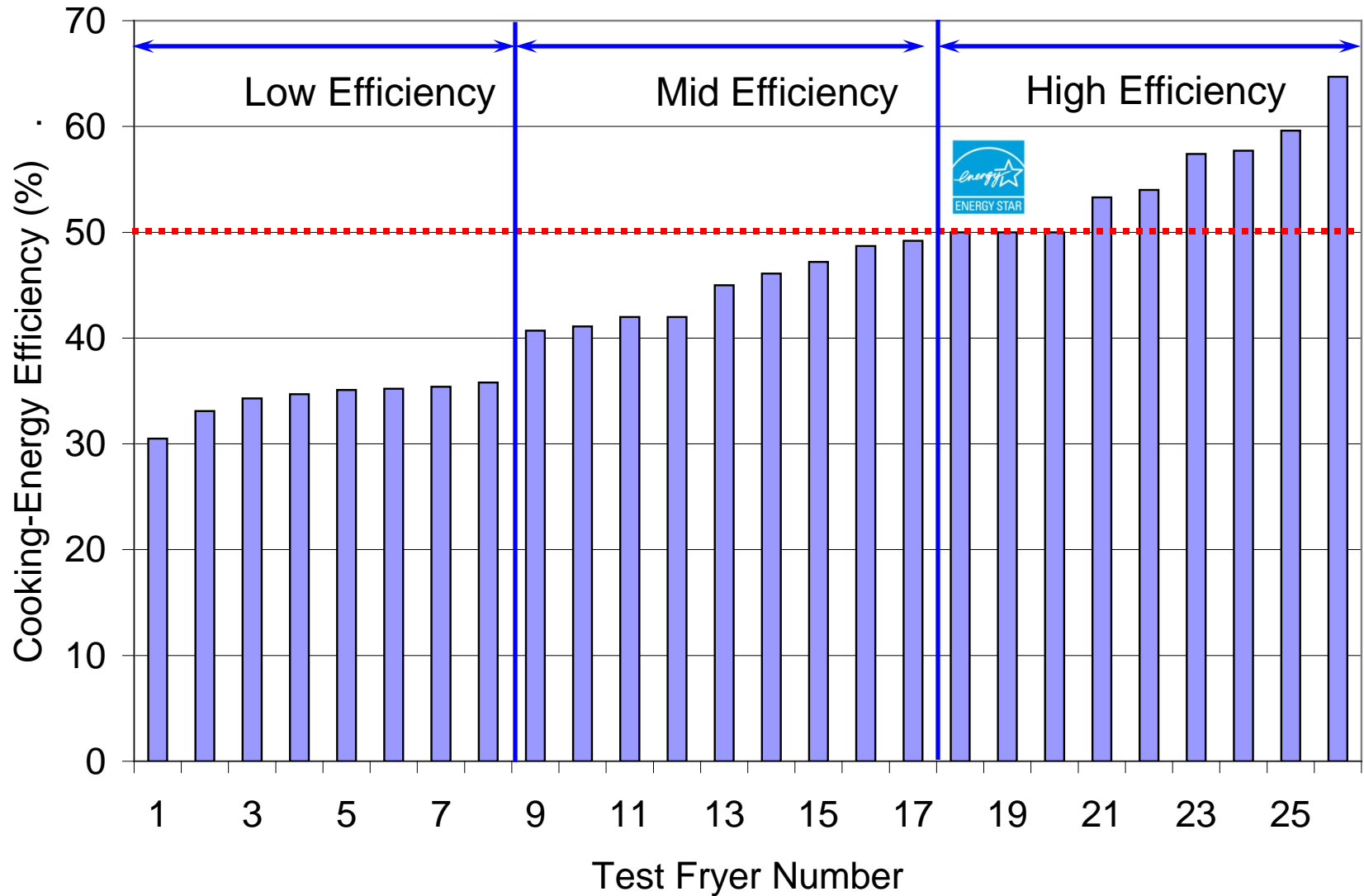


Based on 10¢/kWh and \$5 a unit for water

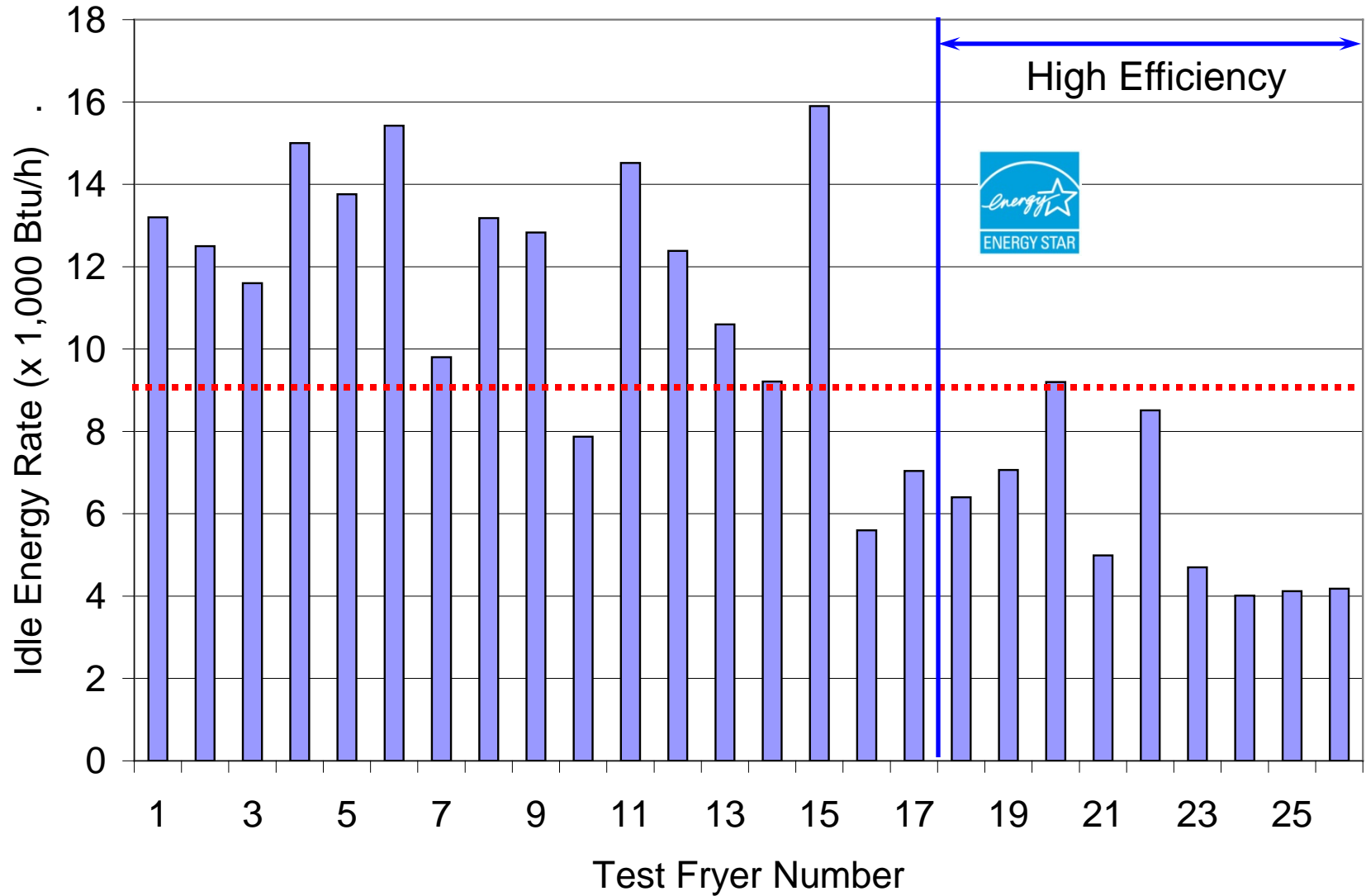


But...is there a compromise
in equipment performance?

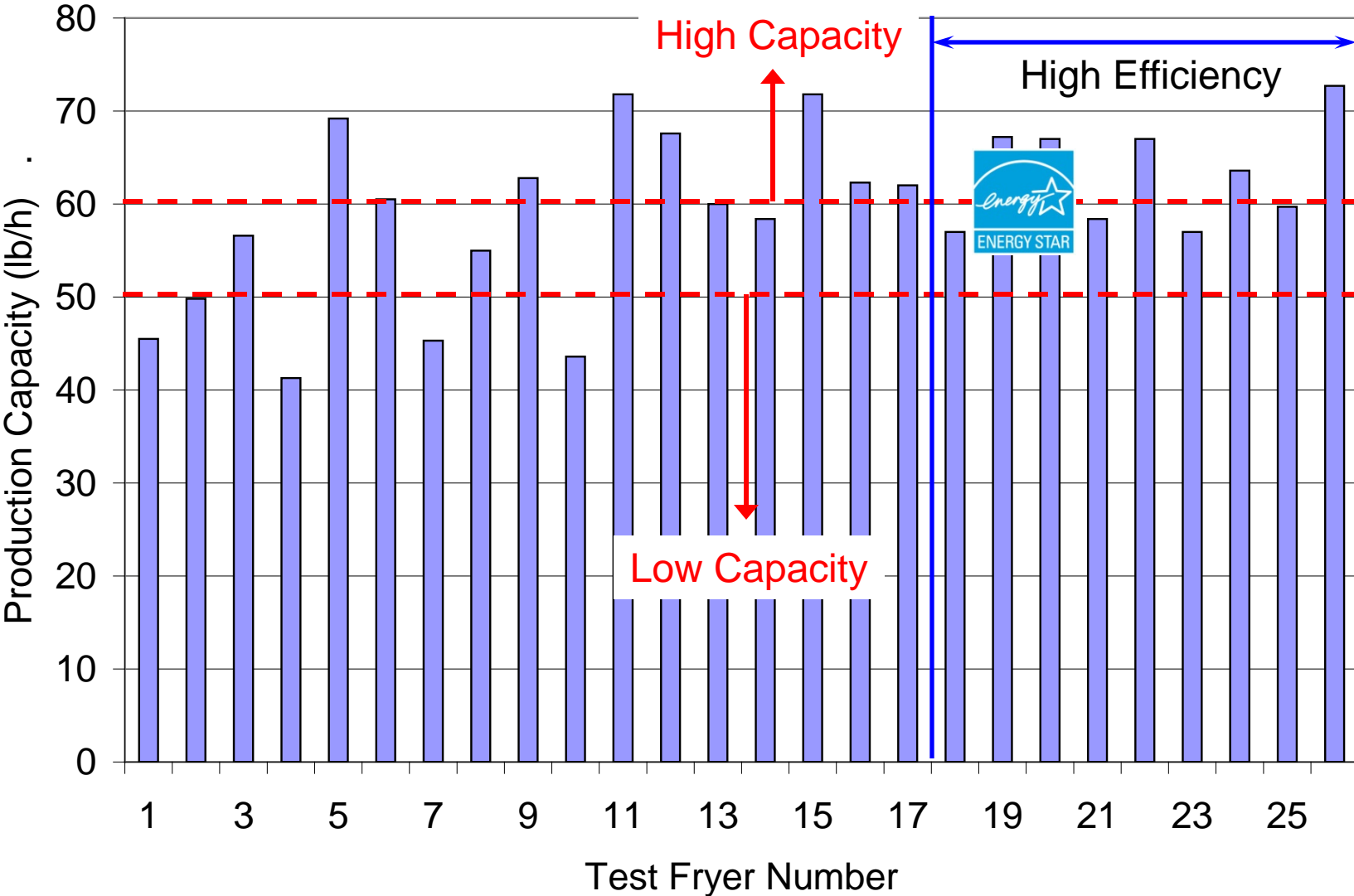
Gas Fryer Efficiency



Gas Fryer Idle Rates



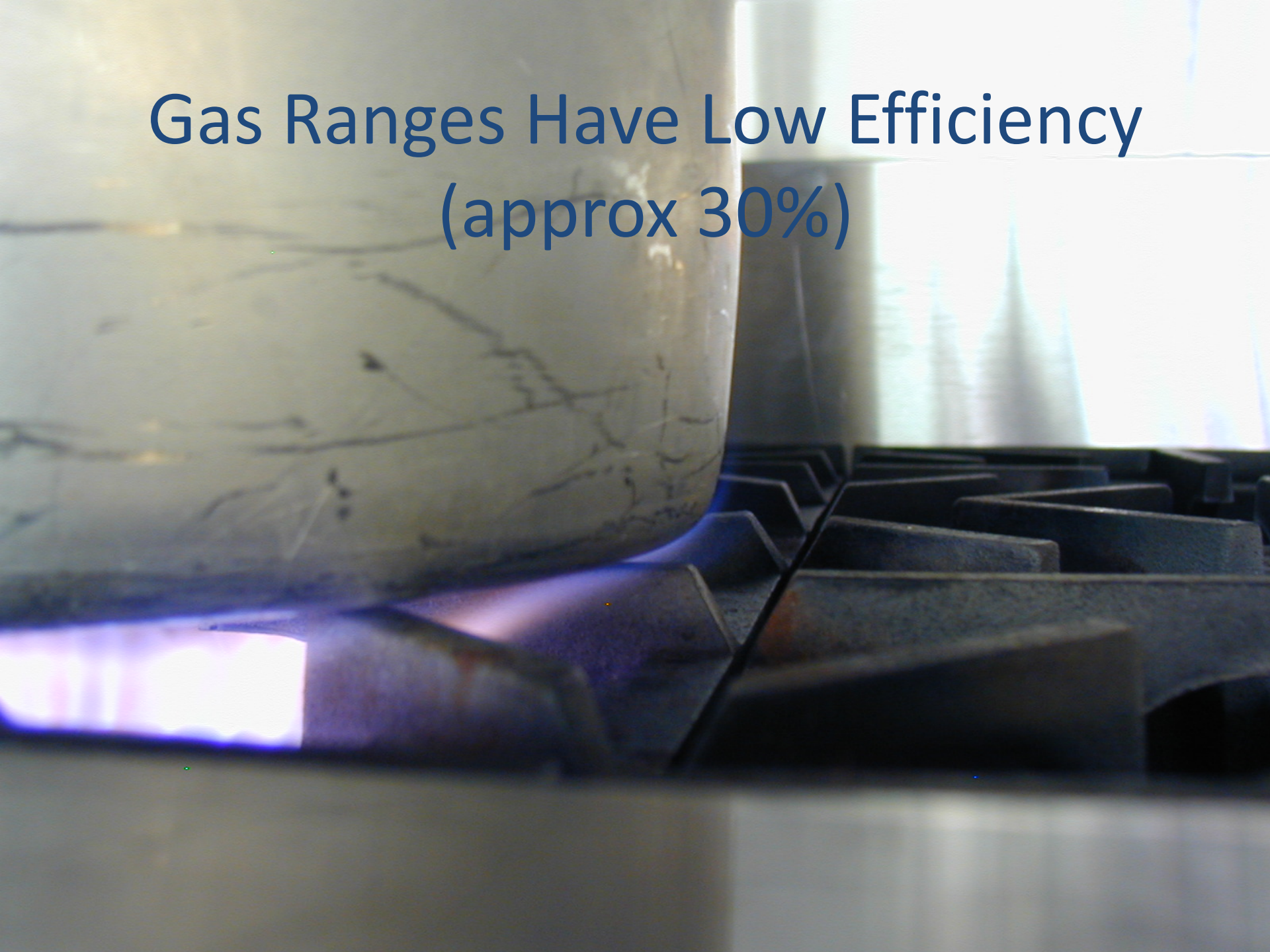
Gas Fryer Production Capacity



High Efficiency = High Performance

And Now...
Something Really Cool!

Gas Ranges Have Low Efficiency
(approx 30%)

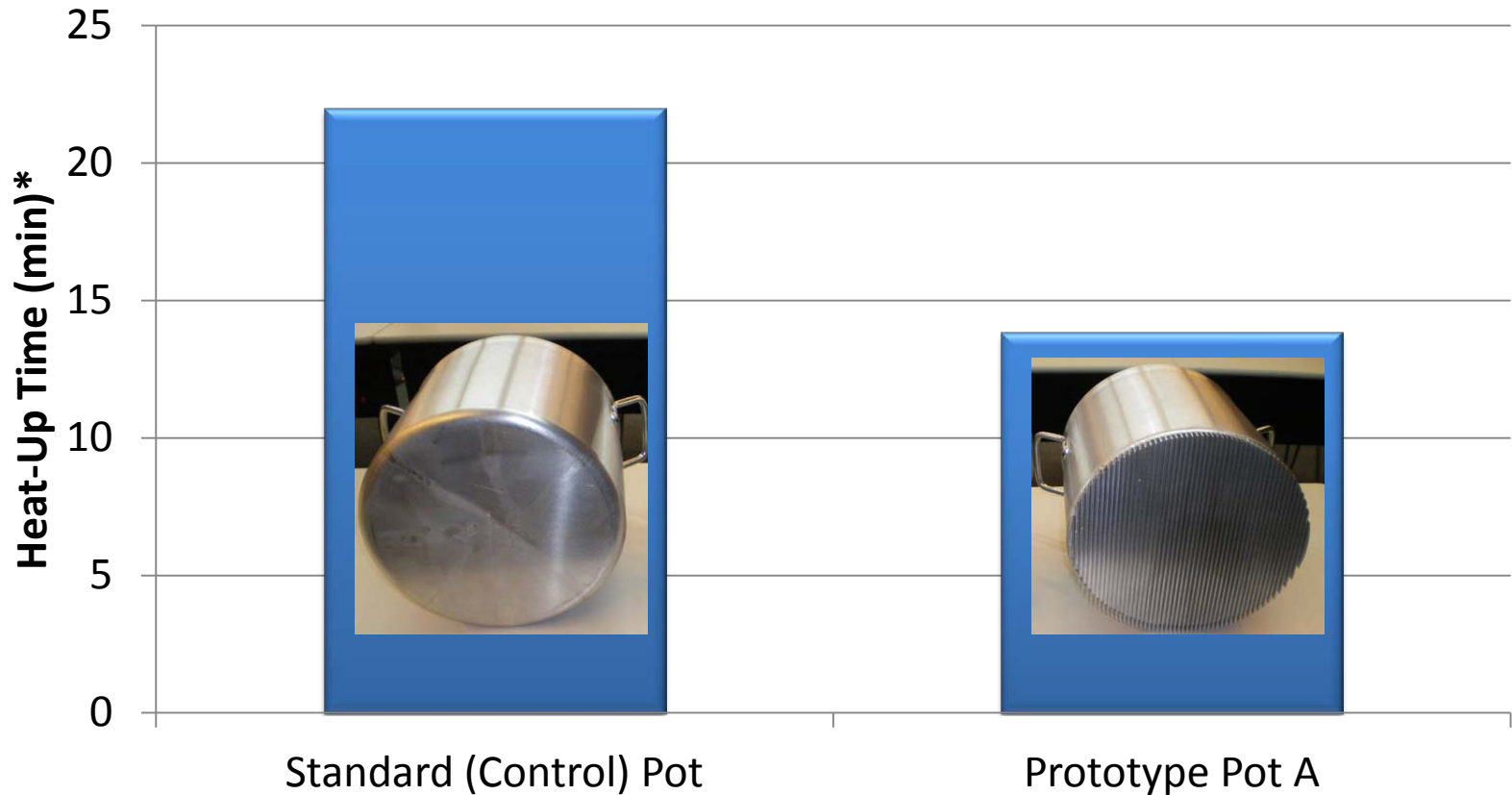


Can the Pot Make a Difference?



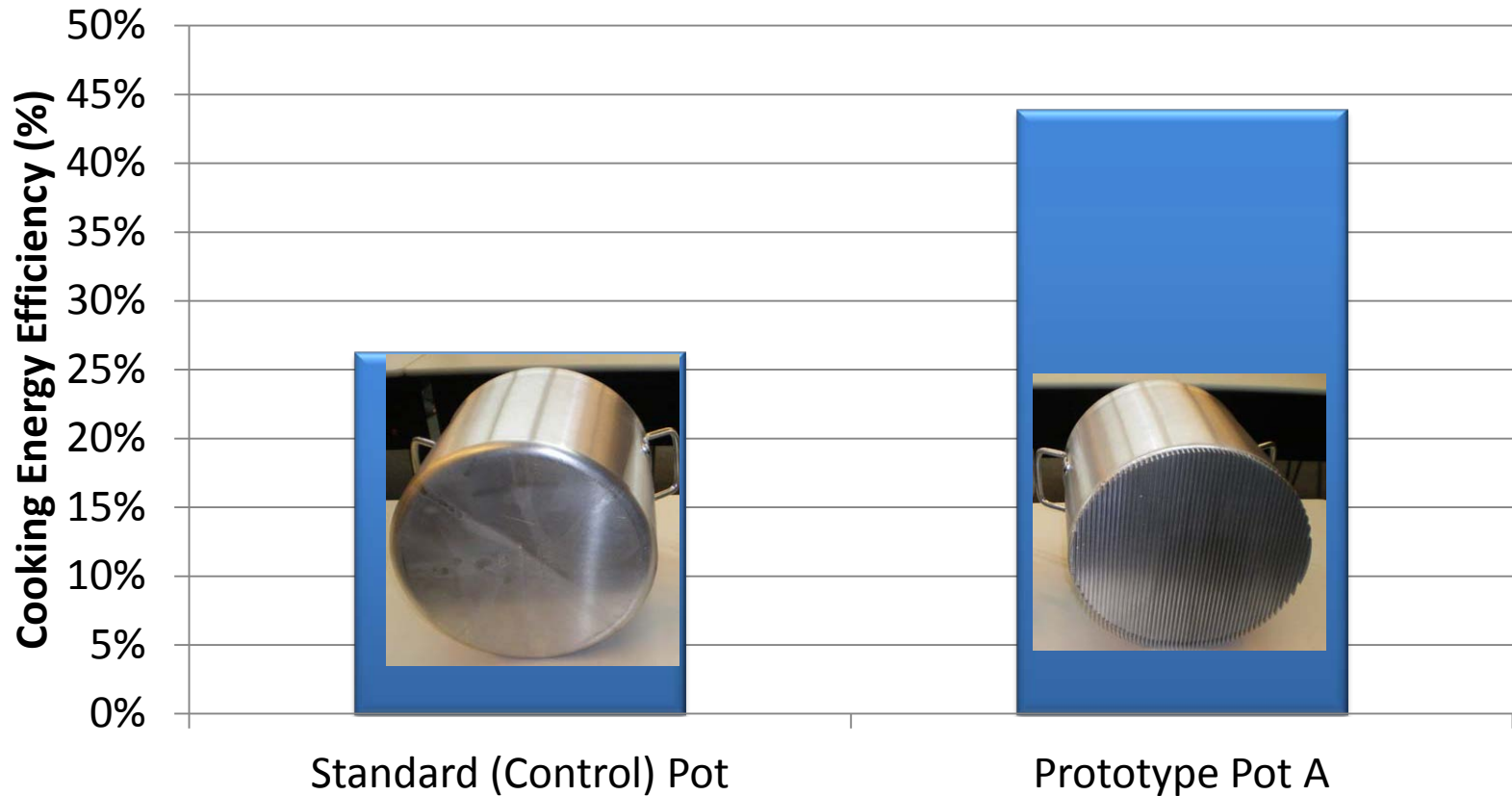
Fins Improve Heat Transfer

Let's Compare Heat-Up Times*



*Time to heat 20 lb water from 70°F to 200°F per ASTM F1521

Can Range Efficiency Be Improved?



...and Hot!



Induction Cooktops



Induction Wok!

85% plus efficiency and no standby energy!

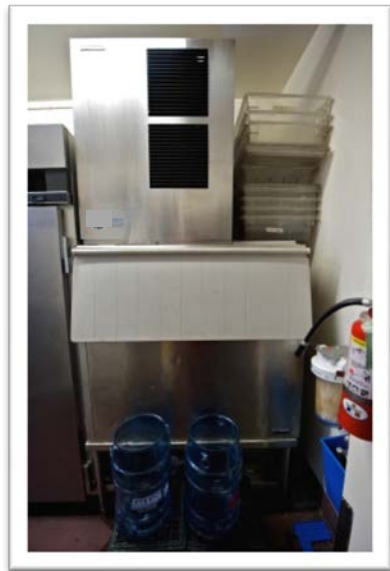
Ice Machines



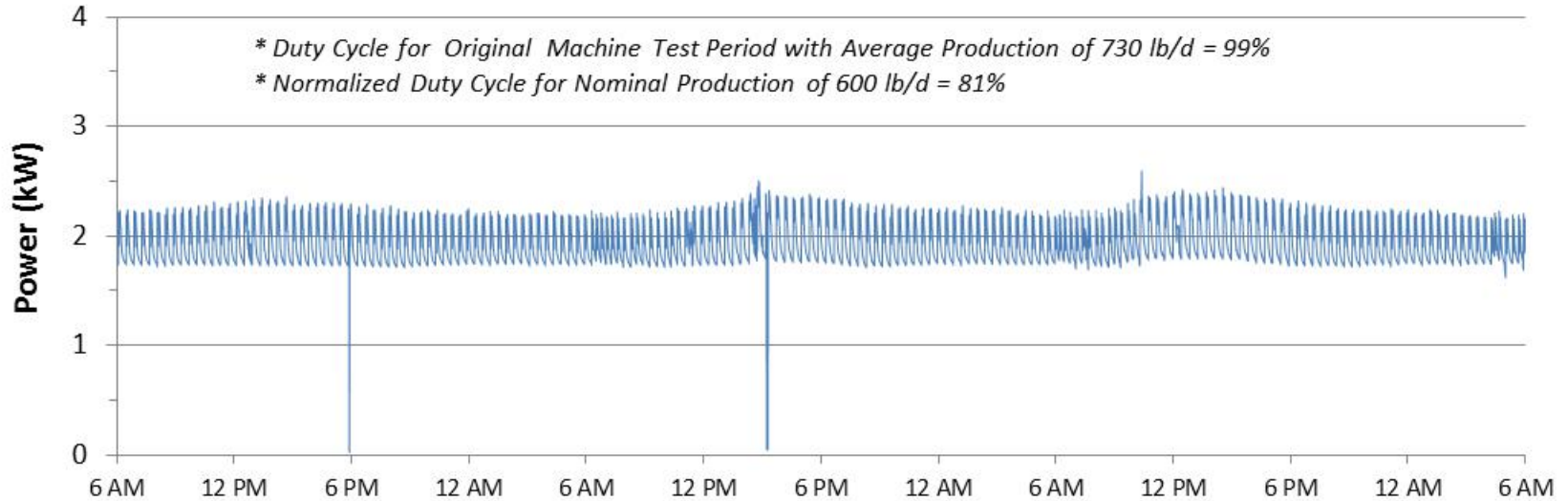
Candidates for Load Shifting?

Bridges Restaurant, Danville CA

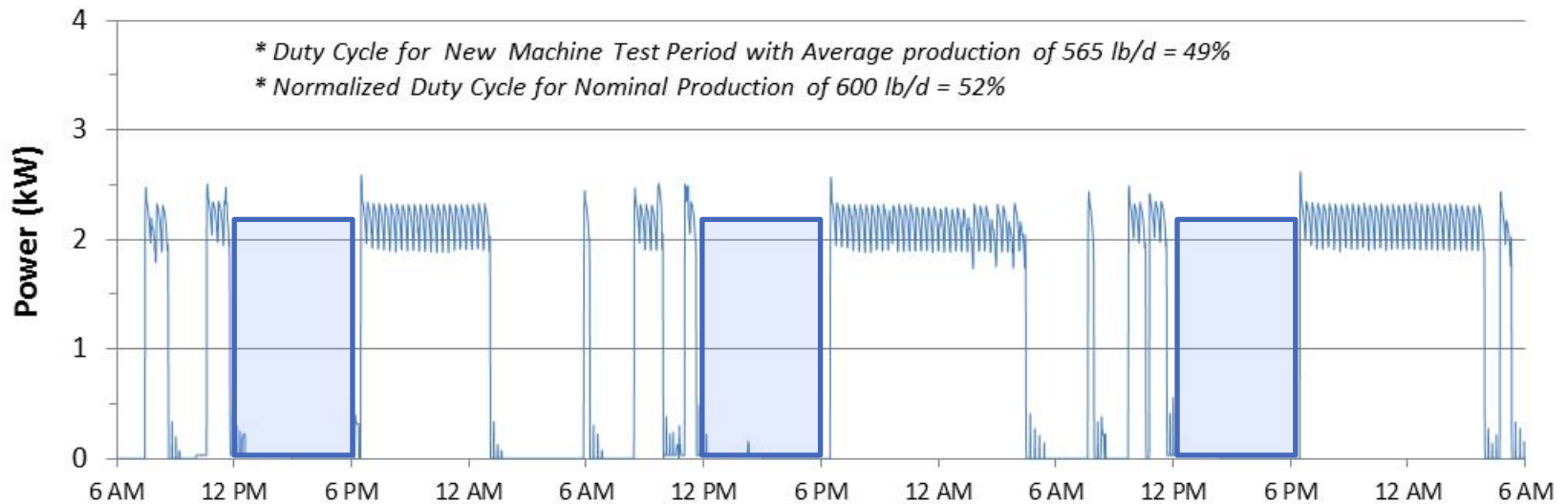
Ice Machine – Calculated Energy Use		
	Old Ice Machine	New Machine
Rate Capacity (lb/24 h)	751	1,180
Rated Energy Use (kWh/100 lb/ice)	6.6	4.62
Normalized Duty Cycle (%)	81	52
Annual Energy Savings (kWh)	-	4,986
On-Peak Reduction (kW)	-	2.2



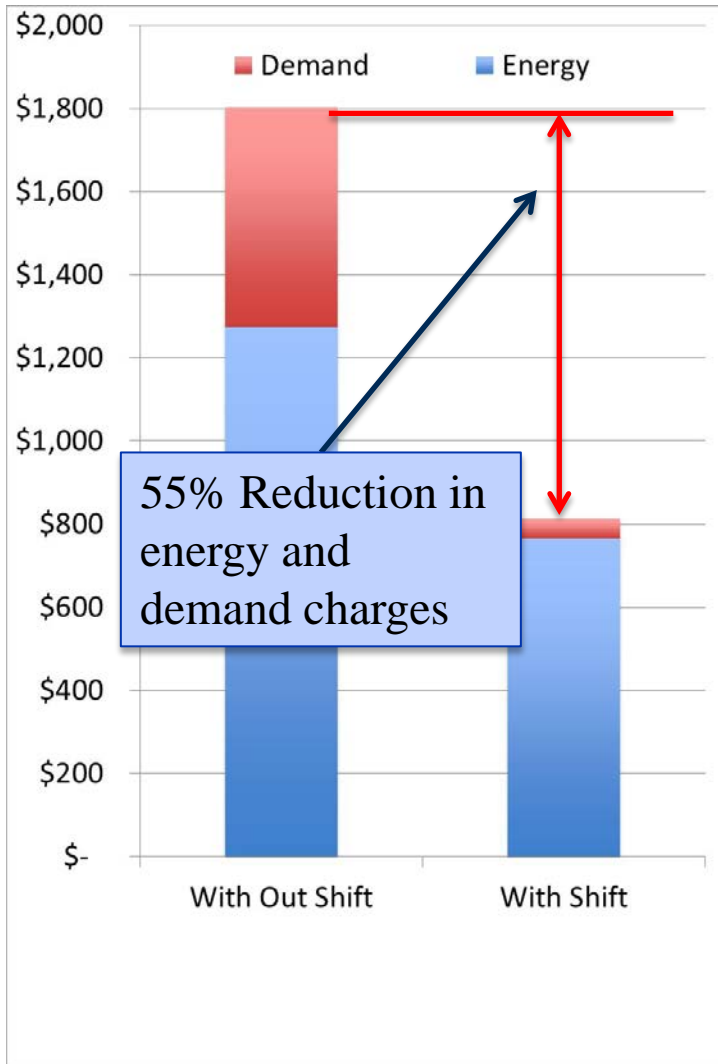
Bridges Original Ice Machine Power Profile



Bridges Upsized and Load-Shifted Ice Machine Power Profile



Cost Savings: Bridges



- By moving the operation of the ice machine to mostly off-peak periods the energy cost savings would be \$508.
- The Demand Charge savings would be an additional \$481.
- Using a simple time clock to delay the operation of the ice machine this restaurant would see an annual savings of \$989.

Evaporator Fan Motors



Install high-efficiency
electronically commutated motors (ECM)

Example:

Low efficiency motor draws 135 watts

ECM motor draws only 44 watts

Save 91 watts or \$120 dollars a year of fan energy

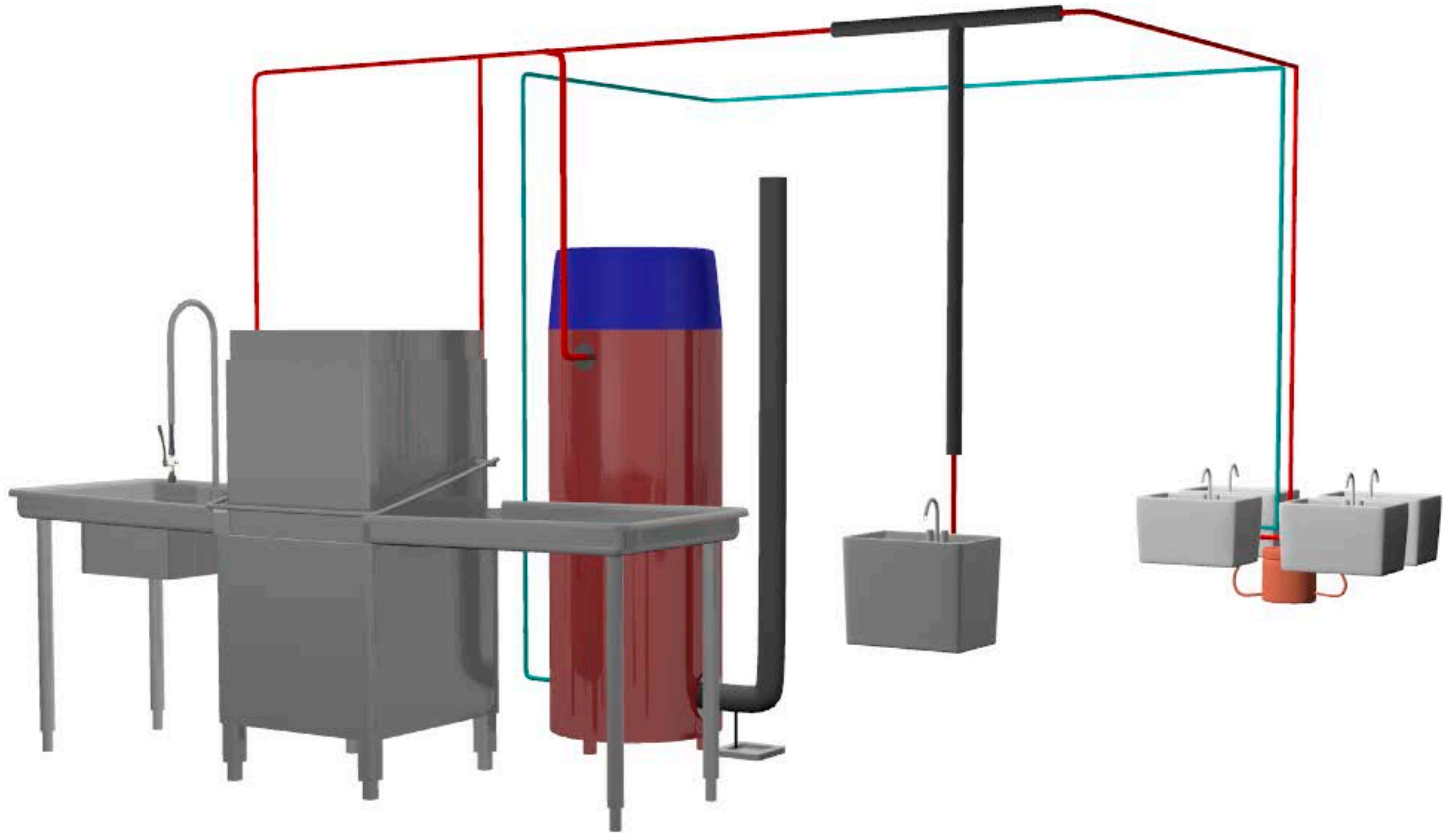
Save \$60 to \$120 dollars a year of compressor energy

Motor costs about \$150

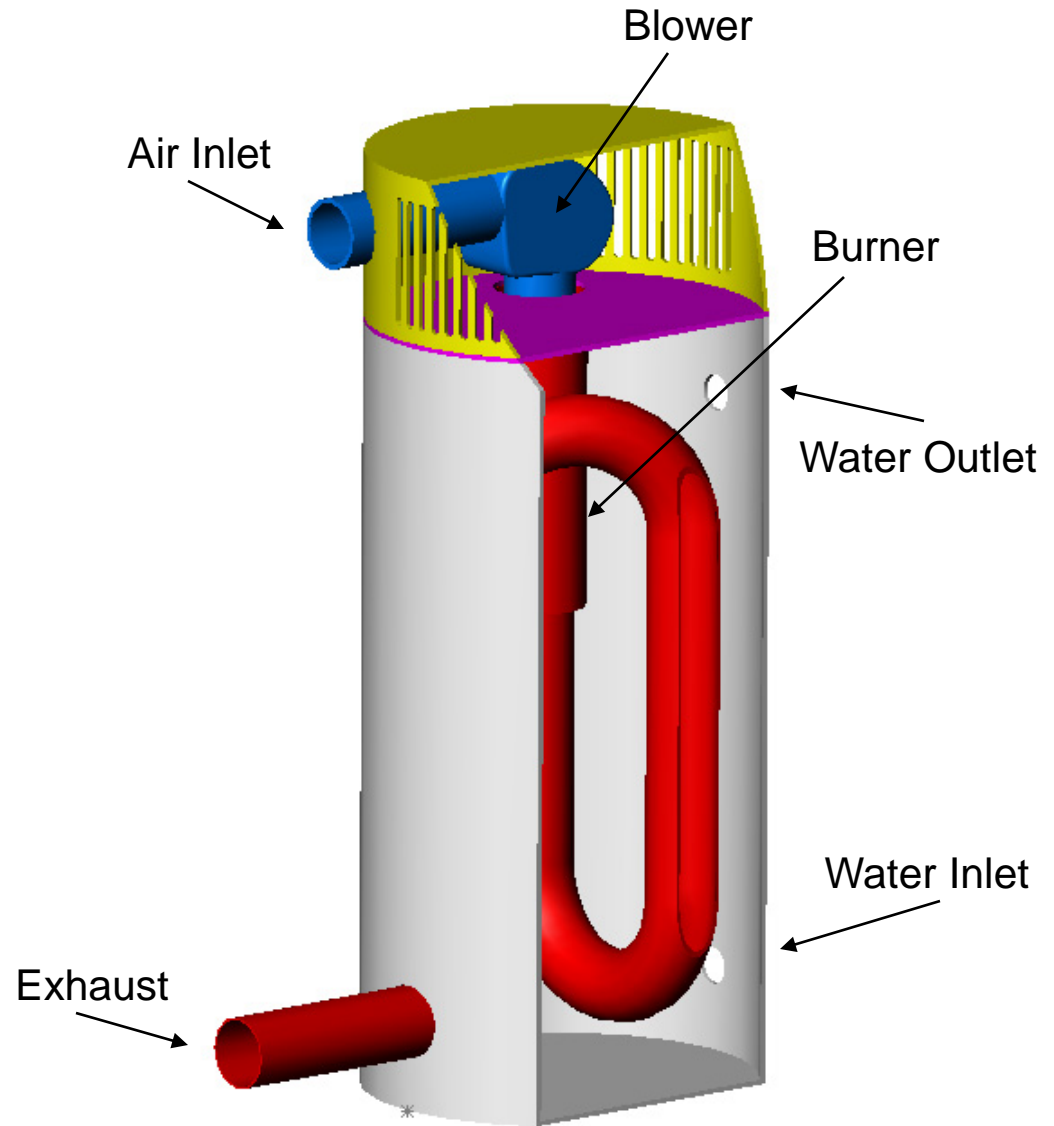
Payback is less than one year!

Operating cost based on an electric utility rate of \$0.13/kWh

Leveraging Energy and Water Savings in Hot Water



High Efficiency (Condensing) Water Heater



High Efficiency

Pros

- condensing
- 95%+ efficiency
- Standby loss: 600 – 1000 Btu/h
- potential lower cost installation

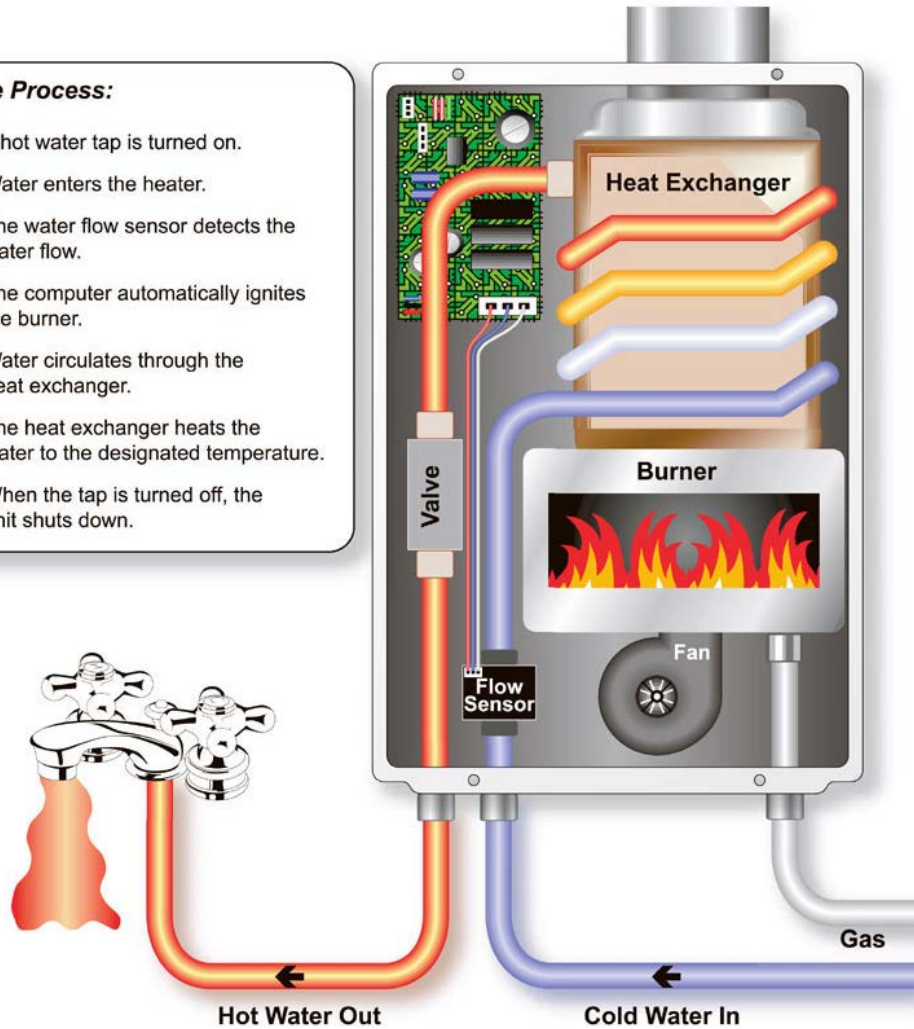
Cons

- condensing
- more complex
- not the standard
- potential for repair delay
- higher first cost

Tankless (Instantaneous)

The Process:

1. A hot water tap is turned on.
2. Water enters the heater.
3. The water flow sensor detects the water flow.
4. The computer automatically ignites the burner.
5. Water circulates through the heat exchanger.
6. The heat exchanger heats the water to the designated temperature.
7. When the tap is turned off, the unit shuts down.



Tankless

Pros

- smaller footprint
- outside installation possible (some climates)
- no standby loss

Cons

- 80 - 84% thermal efficiency
- low-flow limits
- may need multiple units
- special installation required (stainless venting)
- maintenance may be higher

High efficiency condensing models (>94%)
are now available in North America!

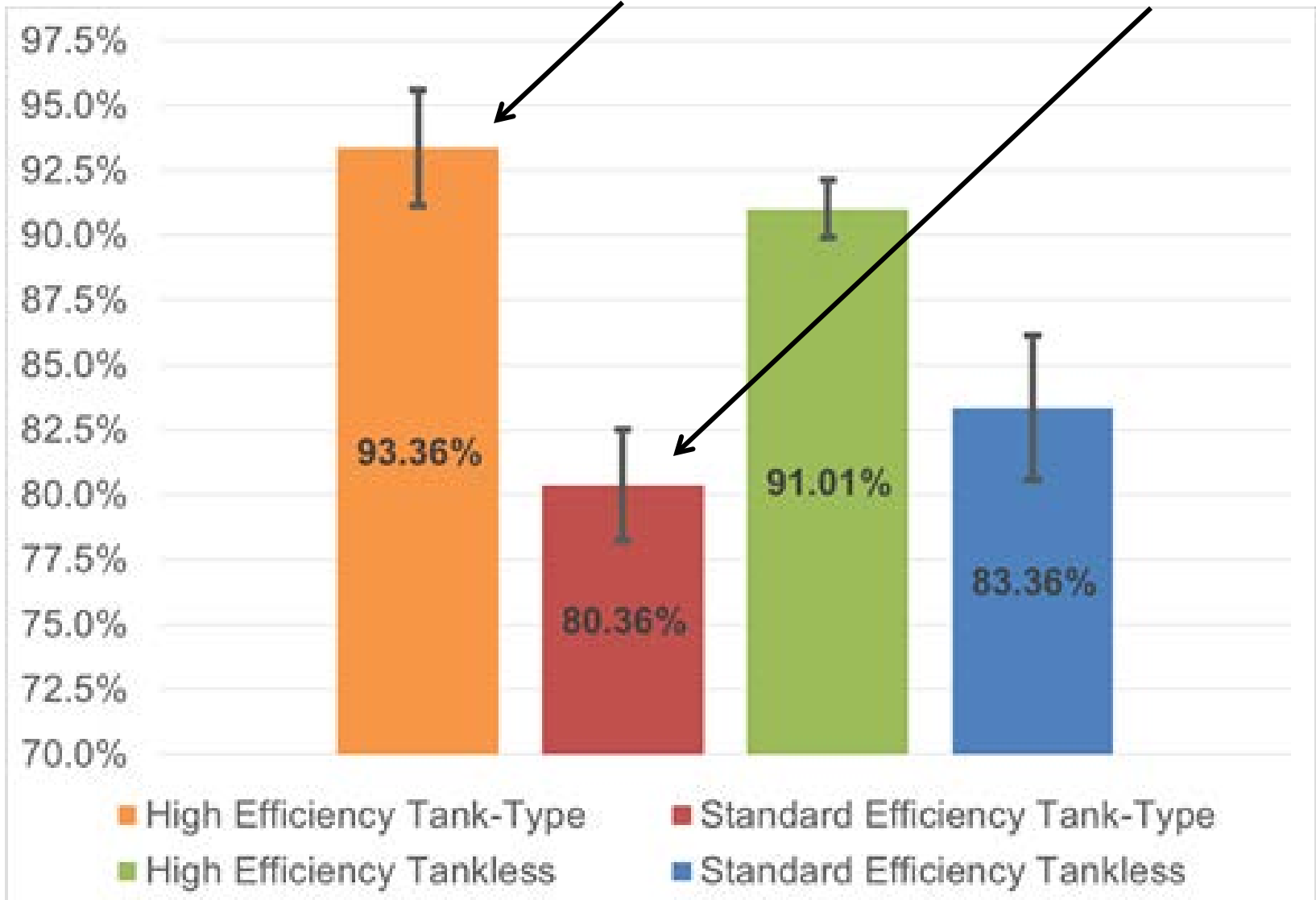
PIER Funding for Research at PG&E Applied Technology Services

PG&E Commercial Water Heating Lab



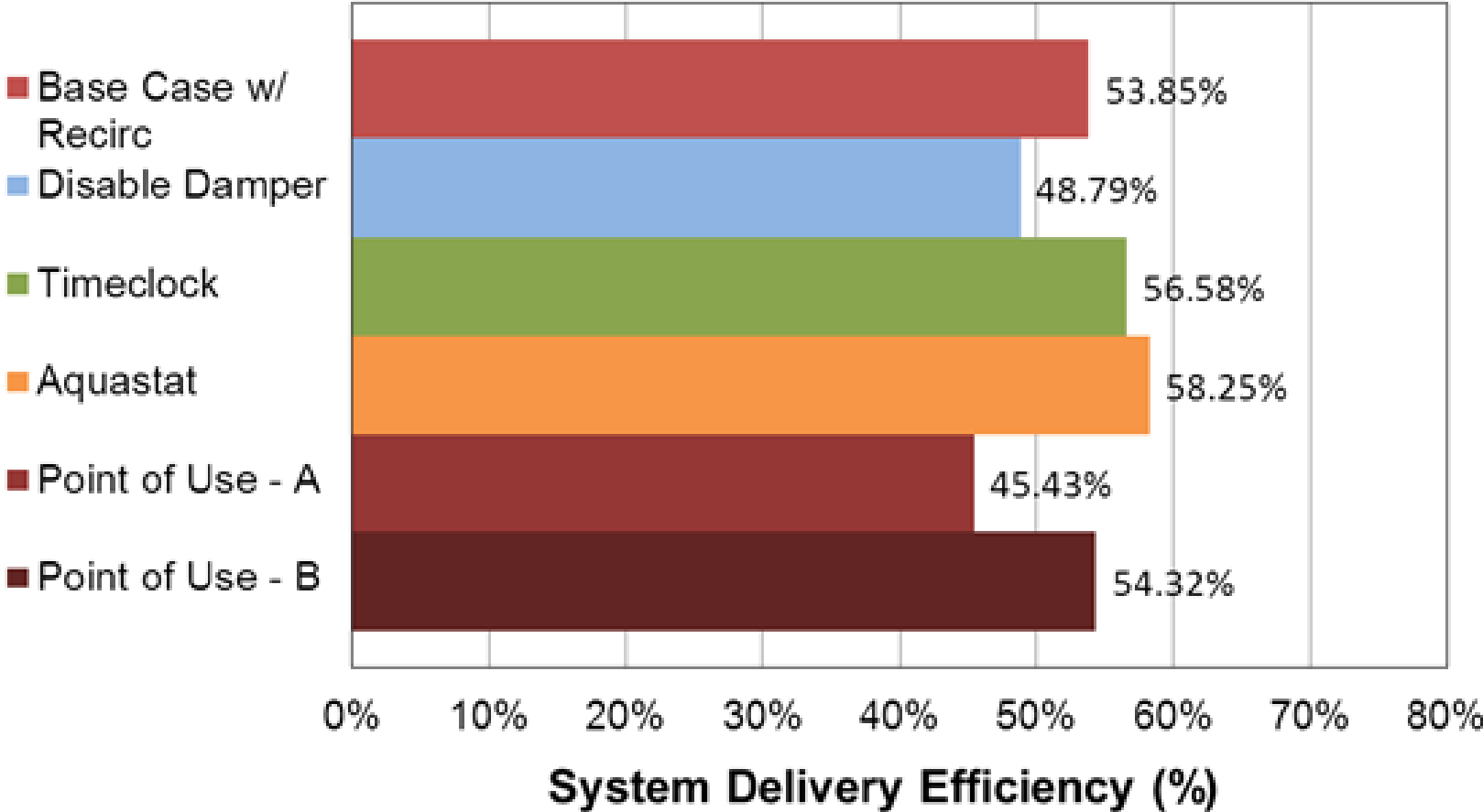
ANSI TE Test at PG&E ATS Lab

Standby loss of HE tank is 670 Btu/h versus SE tank at 1650 Btu/h



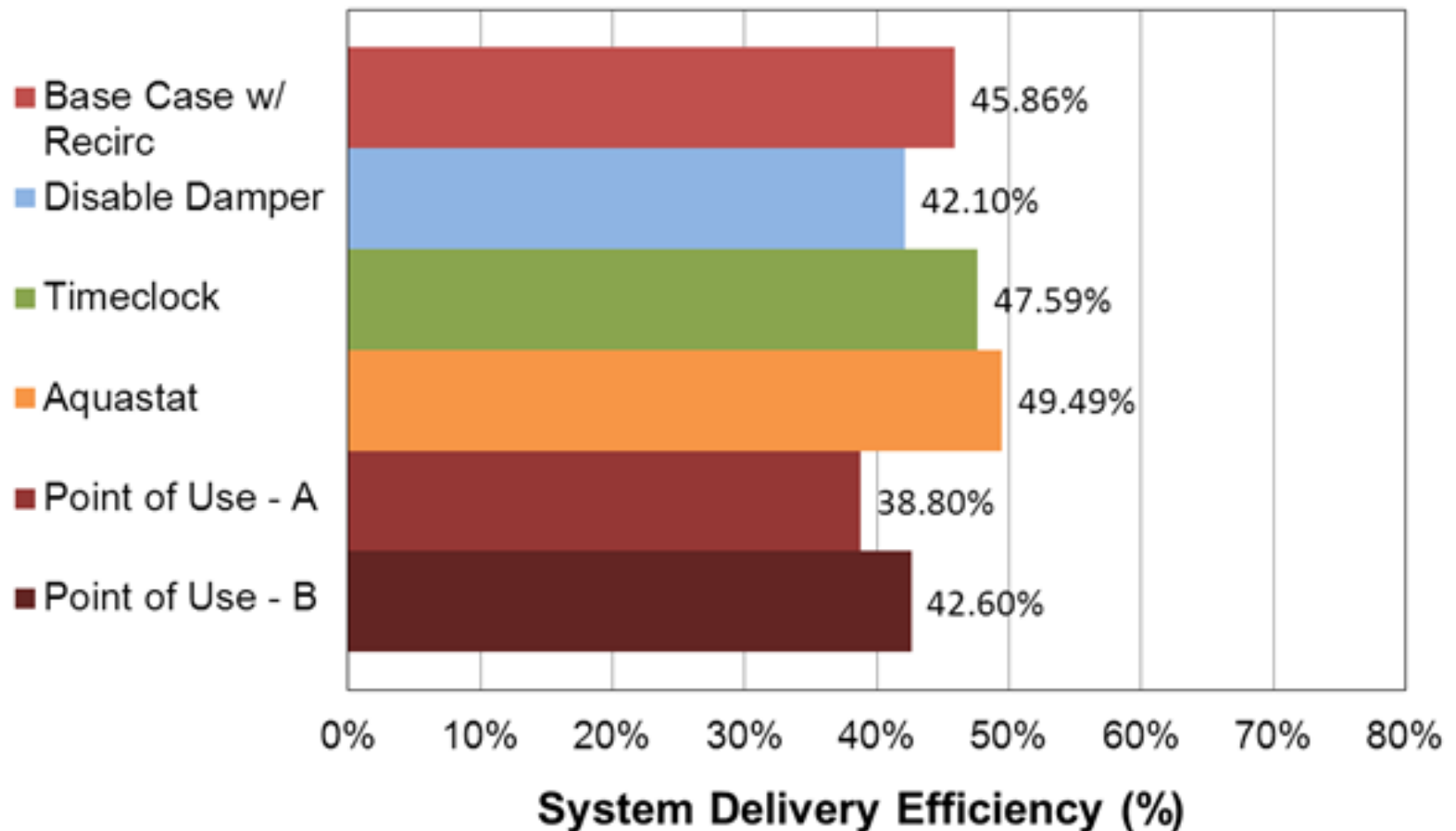
Retro-Commissioning Results from ATS Lab

System delivery efficiency of a distribution system with 1"-thick insulation



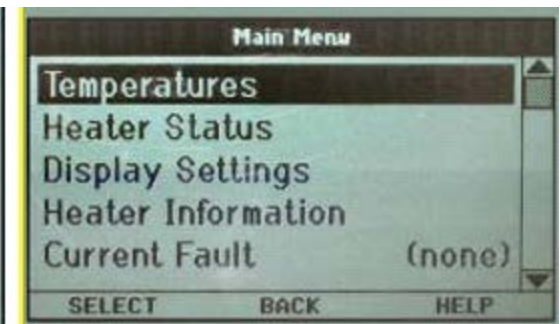
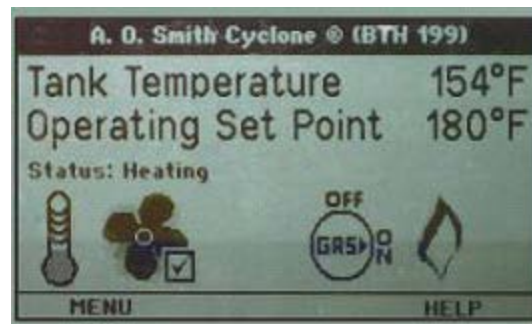
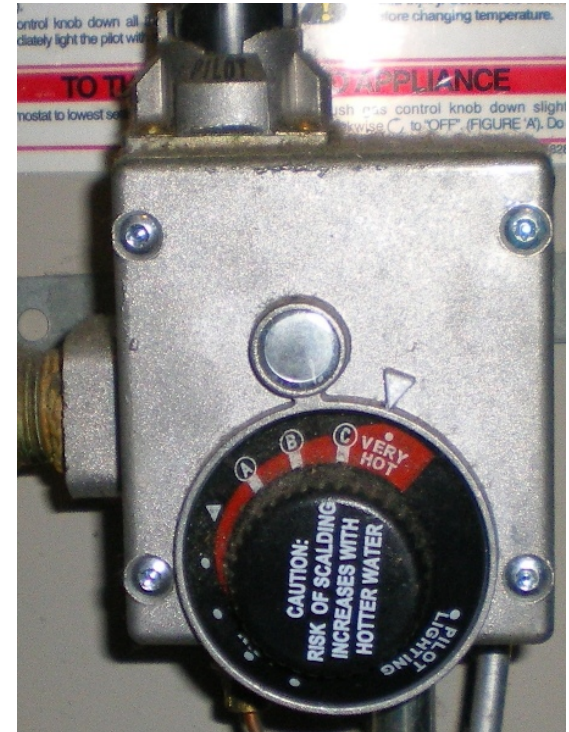
Retro-Commissioning Results from ATS Lab

System delivery efficiency of a non-insulated distribution system dropped by 9%!



Intelligent Water Heaters?

- Easy to read and accurate thermostats are needed
- Condensing water heaters with central processing units

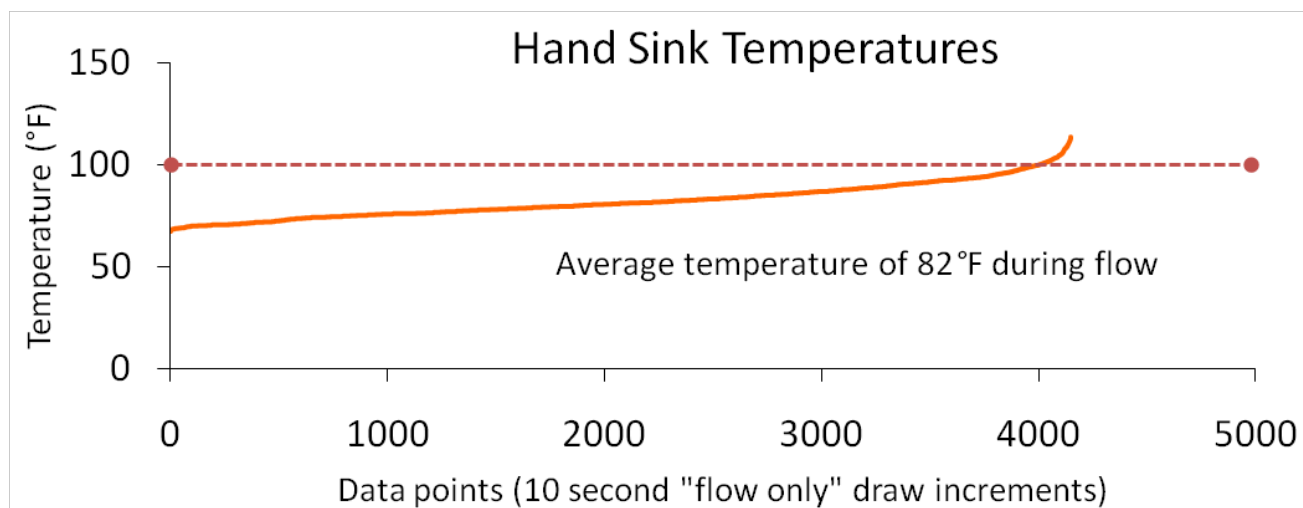
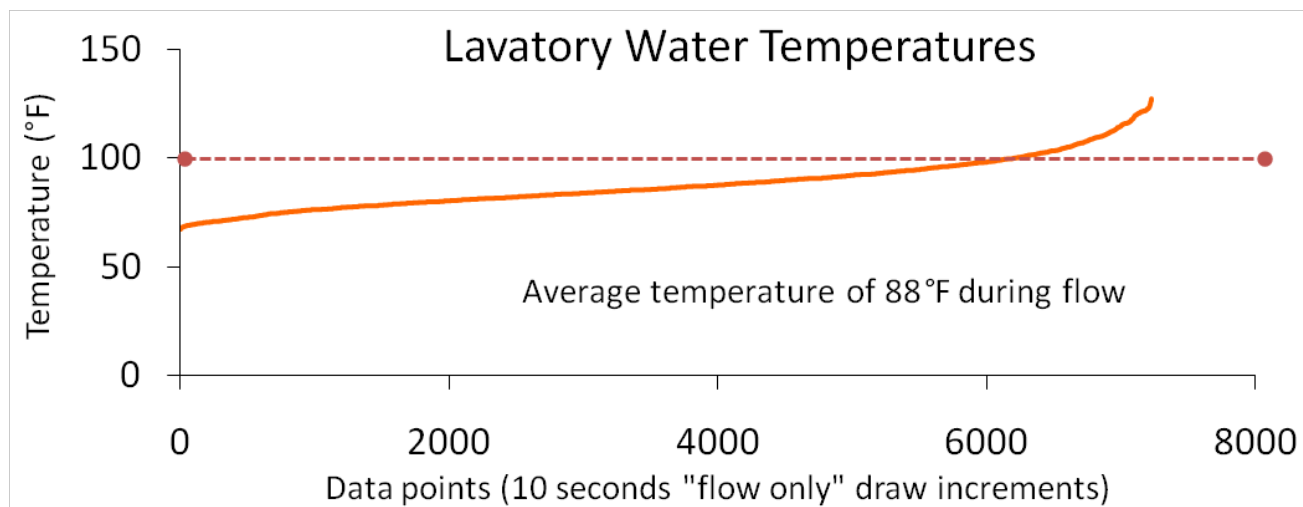


Hand Sink Delivery Problems from a High-Foot-Traffic Facility with no Recirculation

- 1-month data set
- Recorded 10-sec data intervals
- Filtered only for flow periods
- Sorted by temperature
- Temp. deemed satisfactory for hand washing if $>100^{\circ}\text{F}$

Results of testing

100°F water reached the lavatory 14% of the total draw time and the staff hand sink only 3% of the total draw time



One Solution: Distributed Generation

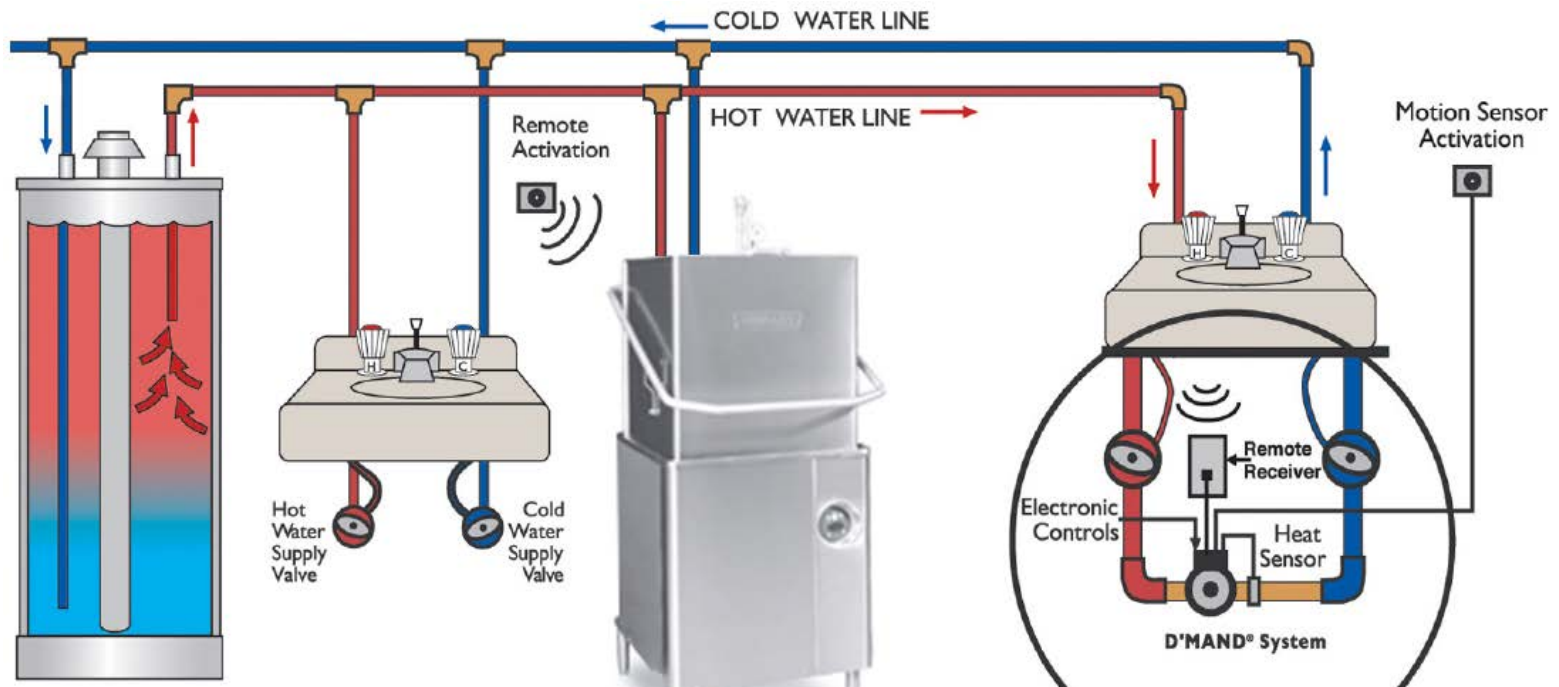
- A hybrid system that is a combination of electric tankless heaters at remote hand sinks and a simple distribution system in the kitchen fed by a water heater placed centrally
- Benefits: works well with low flow aerators, saves energy and increases hot water delivery performance



Another Solution: Demand Circulation

The task of demand circulation is to circulate hot water in the supply line and down to specified fixtures on demand and deactivate automatically when hot water has reached its target.

Demand circulation saves energy and improves hot water delivery.



Hot Water Systems of Tomorrow

Will move towards net zero-energy water heating.

Heat recovery and renewable energy technologies will become the primary water heaters.



Heat Recovery Potential?

Dishmachine with Integrated Heat Recovery

Conveyor:

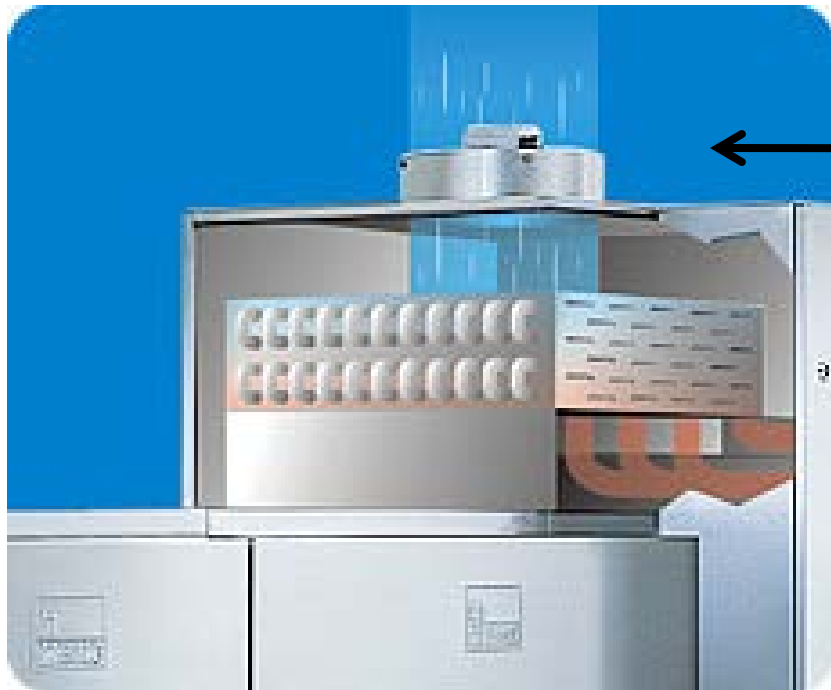
HOBART



Electrolux **Champion**[®]

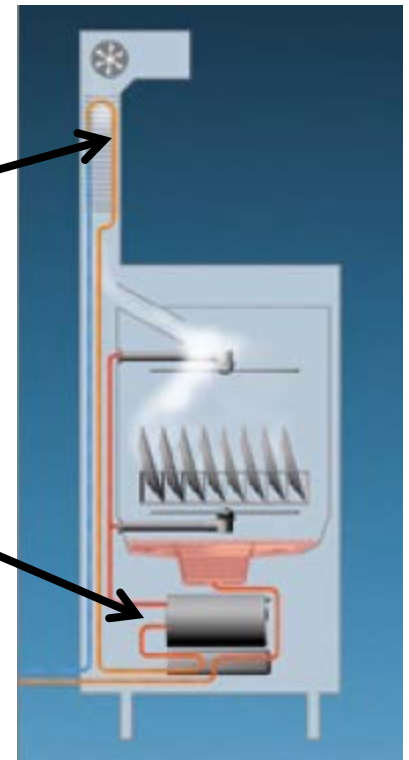
Door Type:

HOBART



Waste Air
HR

Drain
Water
HR

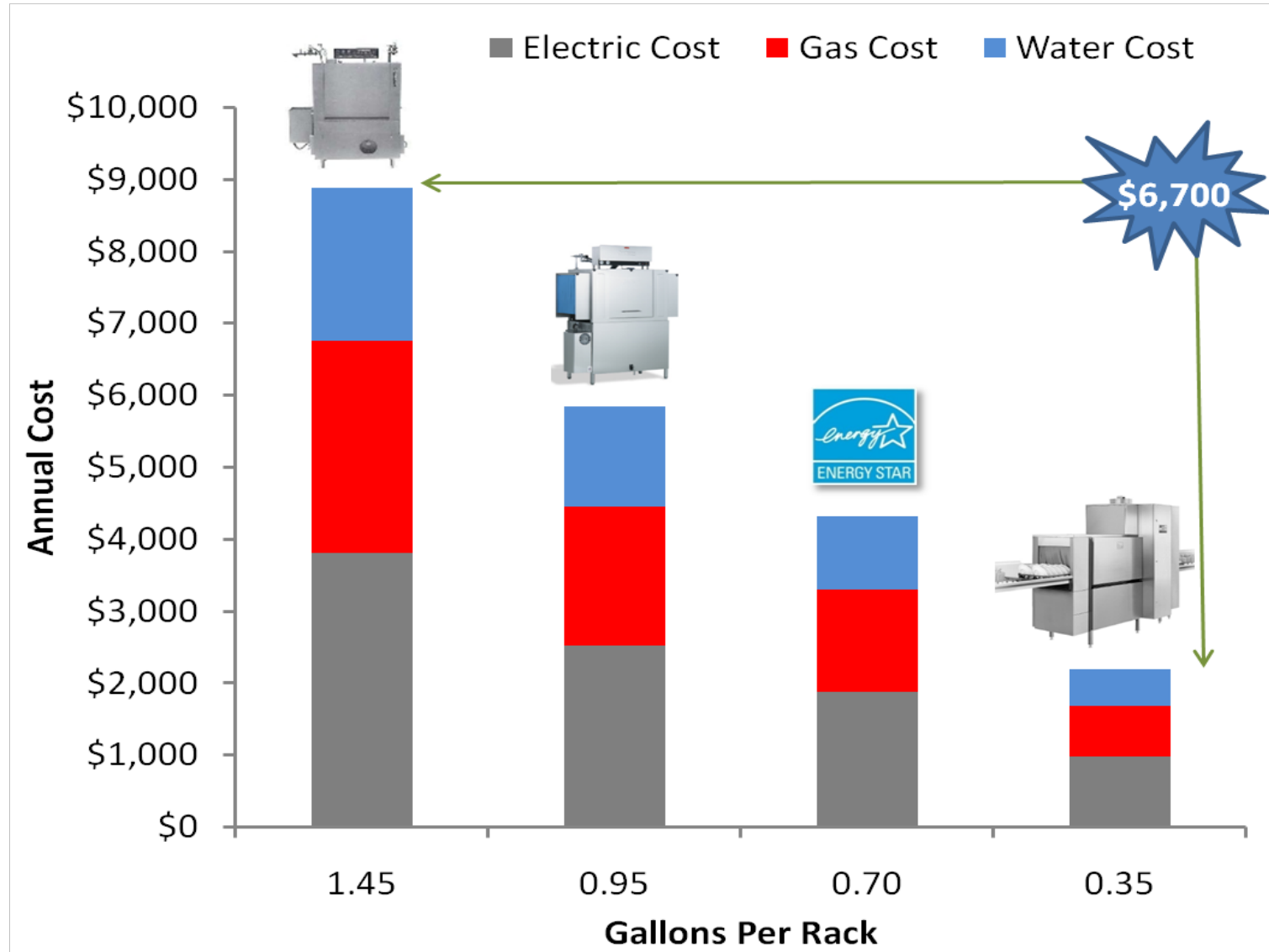


Advantages of Units with Heat Recovery

- Some models operate on the cold water line only for wash tank fill and operation!
- Potential to reduce the size of the water heater.
- Potential to reduce the length and diameter of the distribution system.
- Potential to eliminate the need for recirculation, no longer necessary to get 140°F water to the dishwasher (with cold-water only unit).
- Potential to drop heater thermostat by 20°F, saving energy.



Operating Cost Comparison





NVX2060 Dishwasher Heat Exchanger NRA Kitchen Innovations 2014 Award

Novothermic's NVX2060 Dishwasher Heat Exchanger has just been selected among the recipients of the National Restaurant Association's Kitchen Innovation Awards 2014, which recognizes cutting-edge advancements in kitchen equipment for the food service industry.



EXCHANGER NVX-2060

A custom-made heat exchanger for your dishwasher

- Patented, double-wall heat exchanger
- Certified performance providing up to 50% recovery
- Display screen showing savings, equipped with a touch interface
- Made of stainless steel
- Electronic control unit

[Download the technical specifications](#)

[Download the warranty](#)

Solar Preheating

- More cost effective than solar water heating (where the system is designed for a high solar fraction).
- Lower cost collectors, less solar storage capacity



Heat Rejected from Refrigeration



Refrigerant [De-superheater] Heat Recovery?



Therma-Stor

Mueller Fre-Heater



Commercial Heat Pump Water Heaters

- High efficiency with typical COP 4 with ambient temp of 80°F in kitchen
- 1 unit of energy in = 4 units of heat out for water heating + 3 units of space cooling
- Capable of reducing cost of running an electric resistance heater by up to 75%
- Great way to reduce humidity in the sanitation area or capture waste heat from the cooking area in the kitchen
- Unit can provide spot cooling in the kitchen and heat hot water to up to 140°F



Regulate Dipper Wells

Typical Flow Rate:

- 0.13 gpm
- 51,246 gal/yr
- water/sewer:
\$340



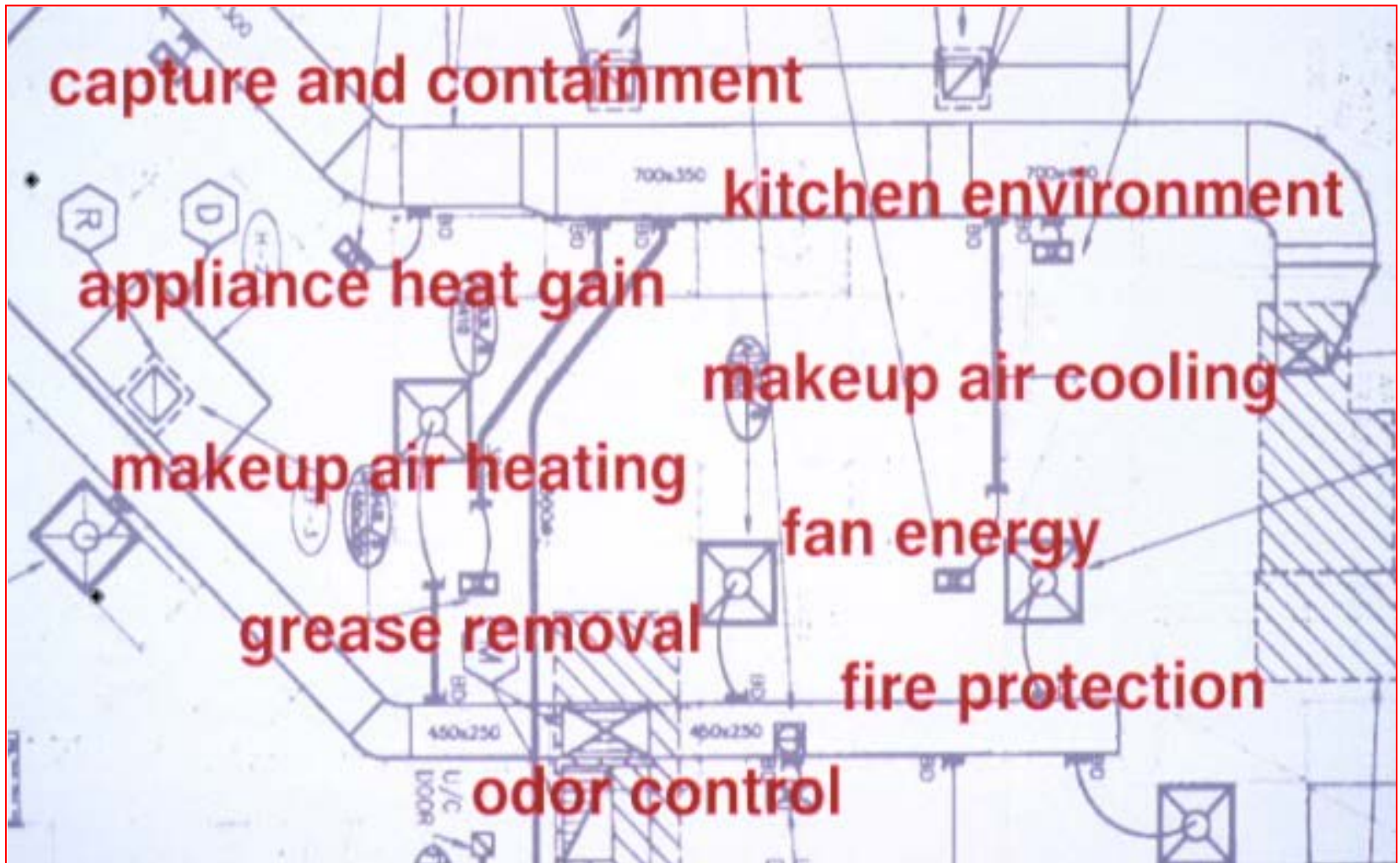
Coffee Chain removes a water waster!



Designing Energy Efficiency into Commercial Kitchen Ventilation!



The Design Challenge!



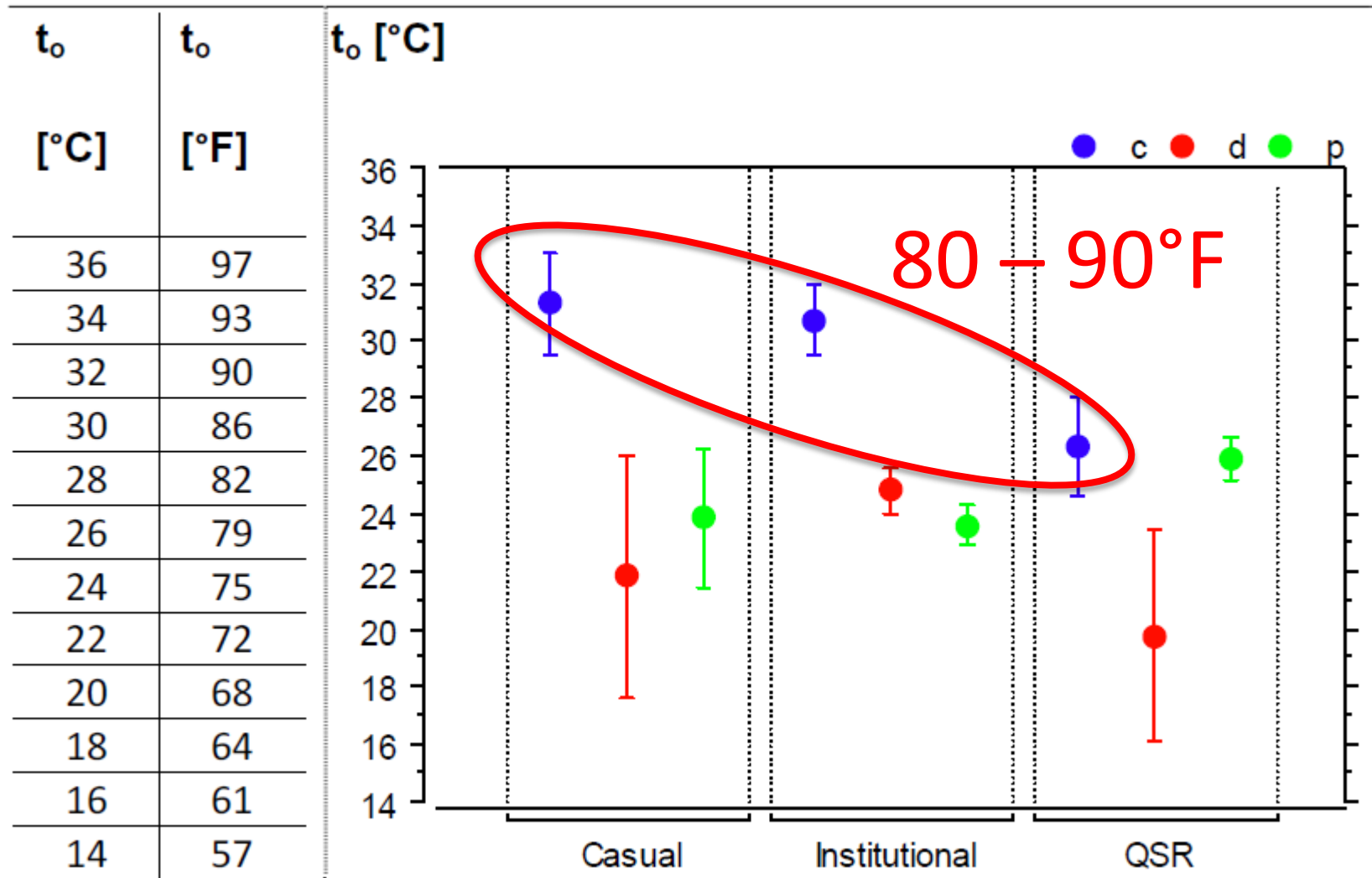
There is no piece of equipment in the commercial kitchen that generates more controversy than the exhaust hood!

ASHRAE RP-1469 – Thermal Comfort in Commercial Kitchens

Final Report 01.06.12



Average of Operative Temperature for Kitchen Type and Kitchen Zones with 95% confidence interval (100 kitchens)



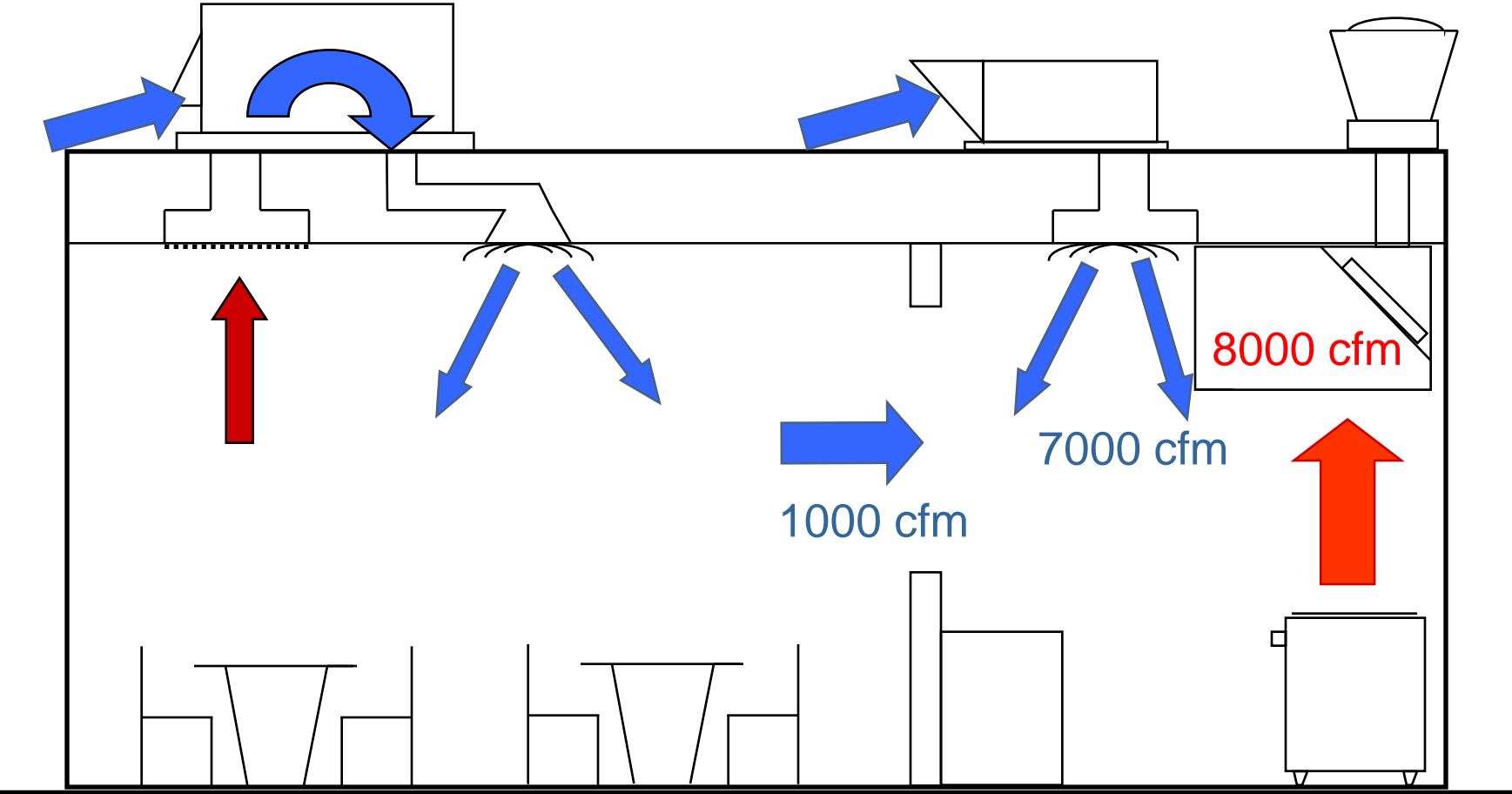
Note: “c” is Cooking, “p” is Preparation, and “d” is Dishwashing zone.

Will integrated CKV-HVAC Design
improve thermal comfort?

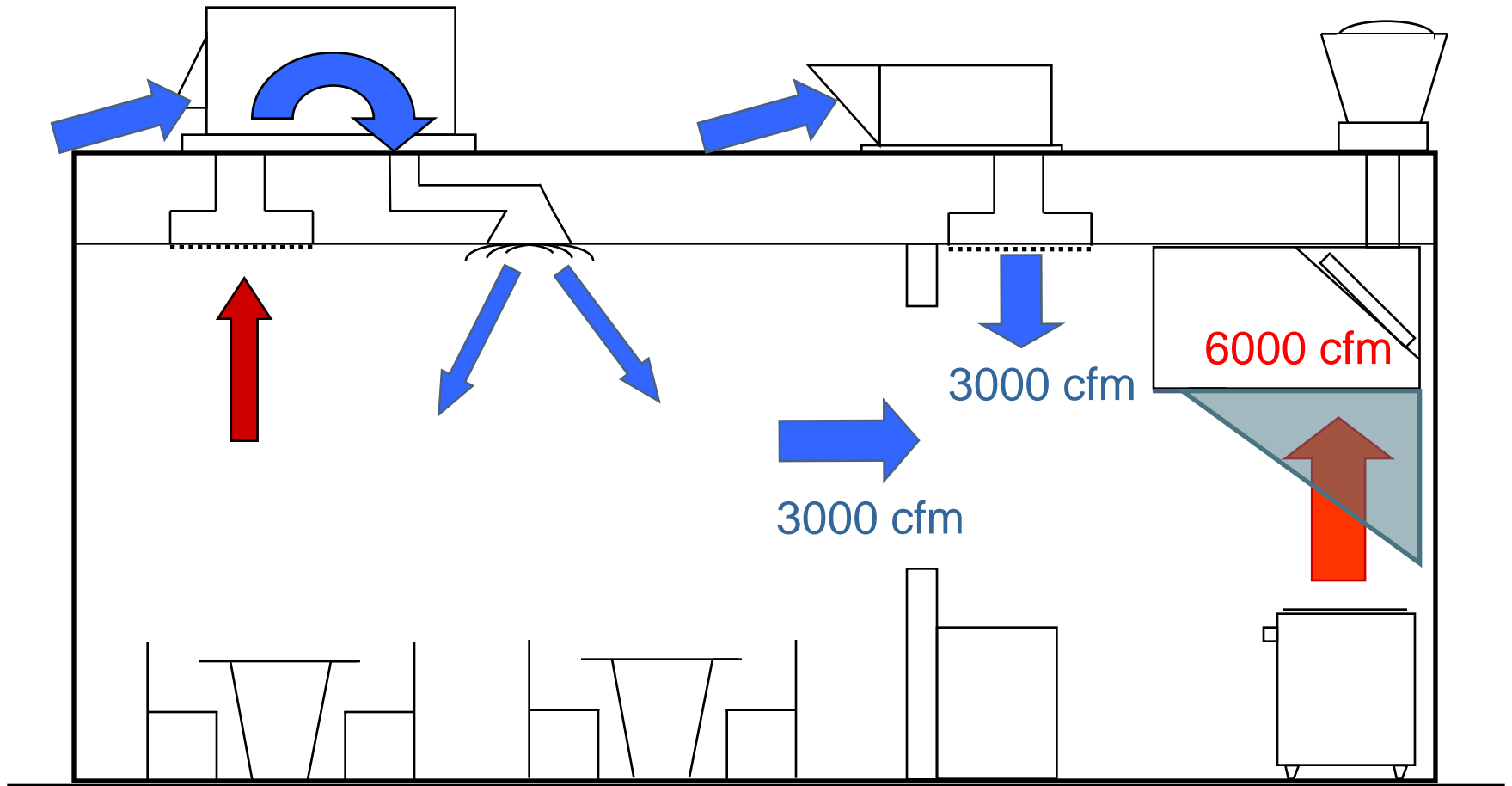
And what does CKV-HVAC
integration really mean?

Conversely, what does NOT
integrating CKV with HVAC mean?

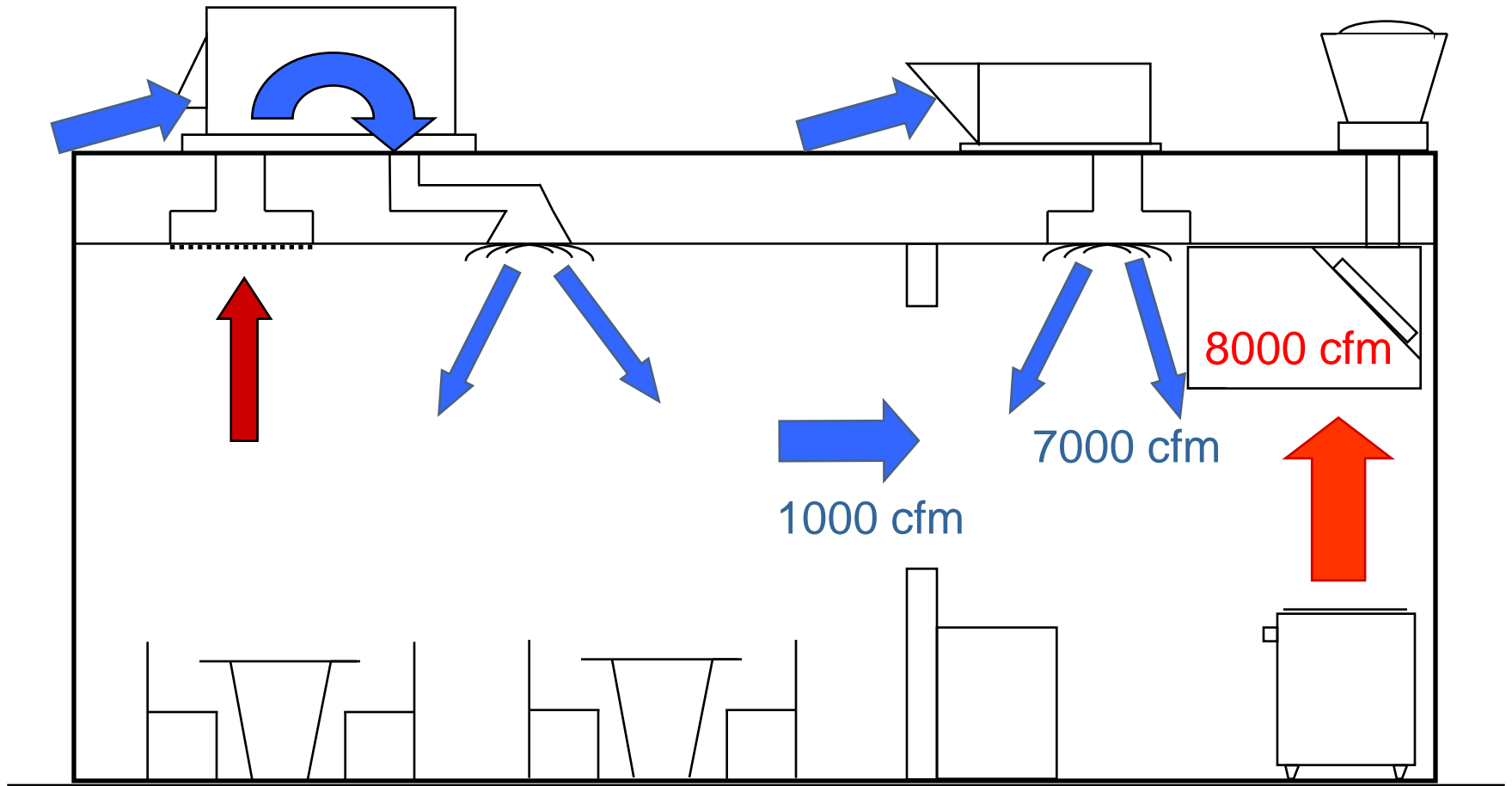
Non-integrated design



Integrated design

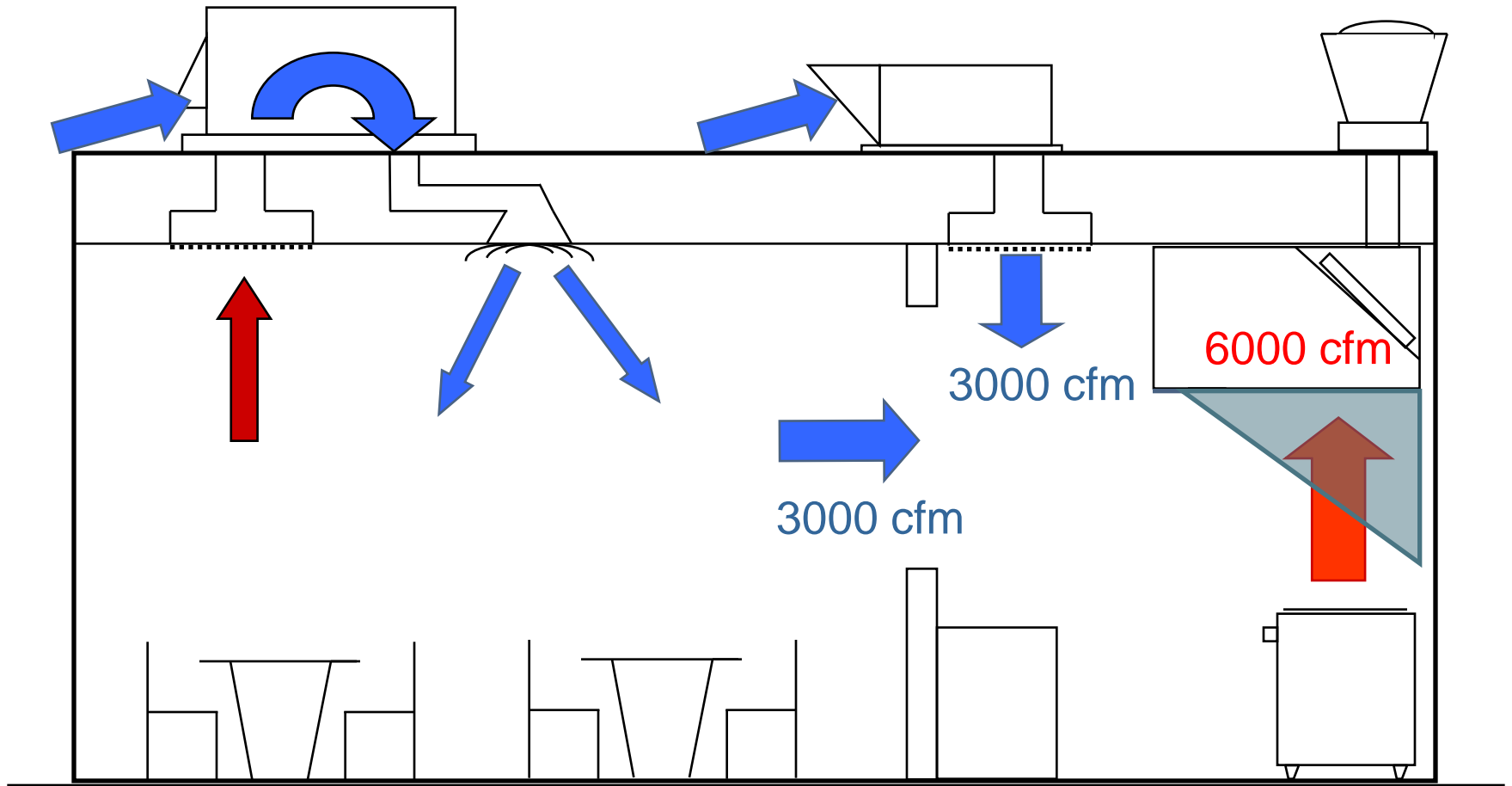


On an air balance schedule
the difference is very subtle...



Non-integrated design

...but the thermal comfort impact may be huge!



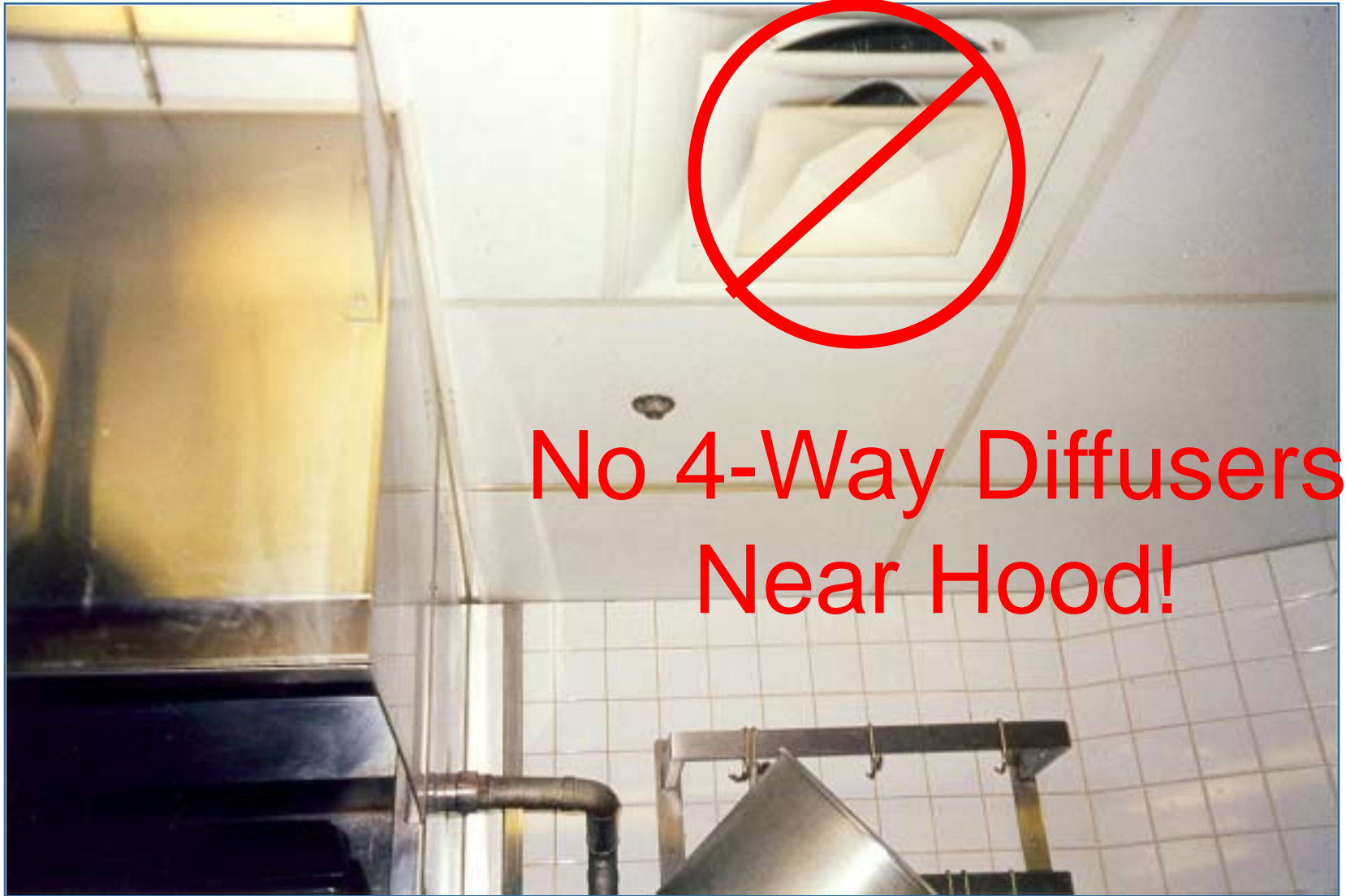
Integrated design

Wall Canopy with Displacement MUA
(C&C = 4100 cfm, 2 charbroilers cooking)



Proximity Hood with Displacement MUA
(C&C = 1250 cfm, 2 charbroilers cooking)



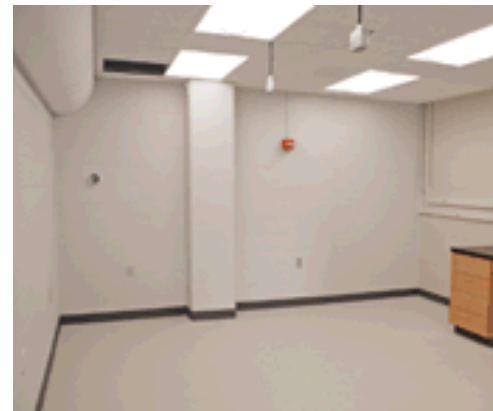


**No 4-Way Diffusers
Near Hood!**

Displacement Ventilation



Kitchen **SOX**™



DUCT **SOX**®

Perforated Supply Plenum (PSP)

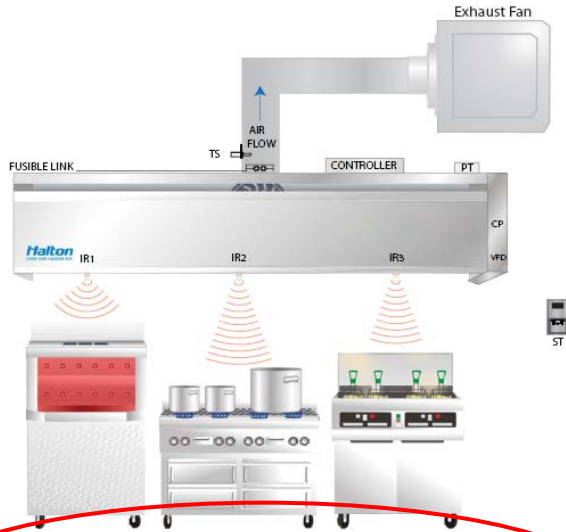


ASHRAE Standard 90.1 - 2010

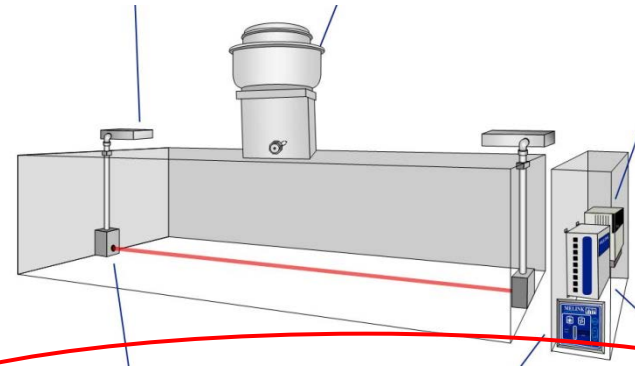
If a kitchen/dining facility has a total kitchen hood exhaust airflow rate greater than 5,000 cfm then it shall have one of the following:

- a) At least 50% of all replacement air is transfer air that would otherwise be exhausted.
- b) Demand ventilation system(s) on at least 75% of the exhaust air. Such systems shall be capable of at least 50% reduction in exhaust and replacement air system airflow rates, including controls necessary to modulate airflow in response to appliance operation and to maintain full capture and containment of smoke, effluent and combustion products during cooking and idle.
- c) Listed energy recovery devices with a sensible heat recovery effectiveness of not less than 40% on at least 50% of the total exhaust airflow.

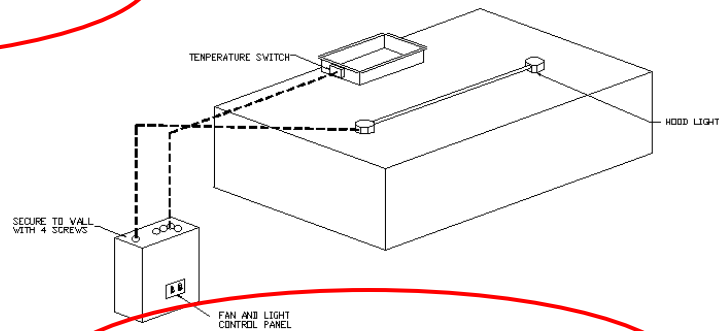
Demand Ventilation Control Technologies



Duct Temperature Sensor & Infrared Sensors



Duct Temperature Sensor & Smoke Detection



Duct Temperature Sensor

Large Hotel Kitchen



Front Line

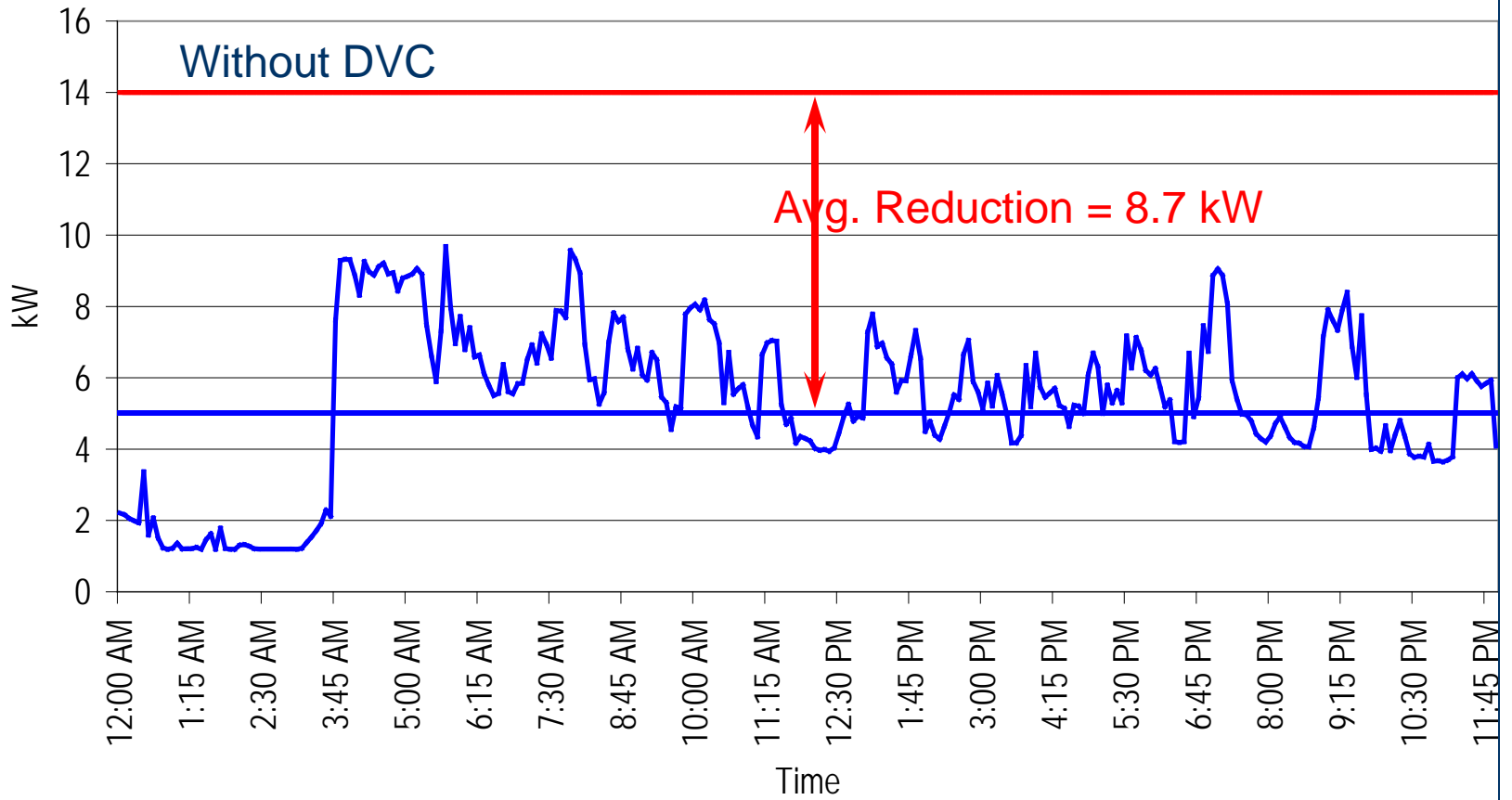


Back Line

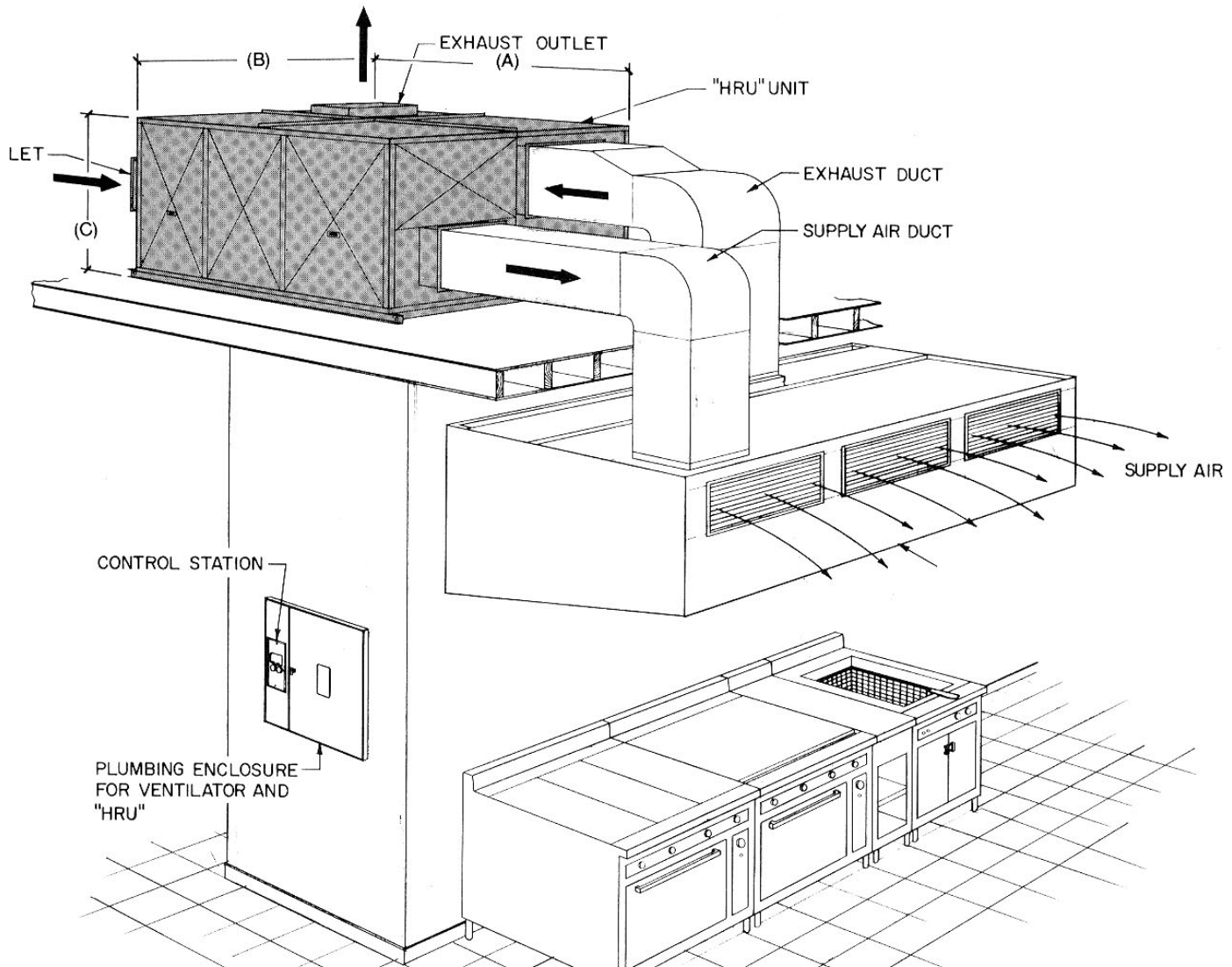


Exhaust and Makeup Fan Power

- With DVC 5.3 kW
- W/O DVC 14 kW



Air-to-Air Heat Recovery Unit

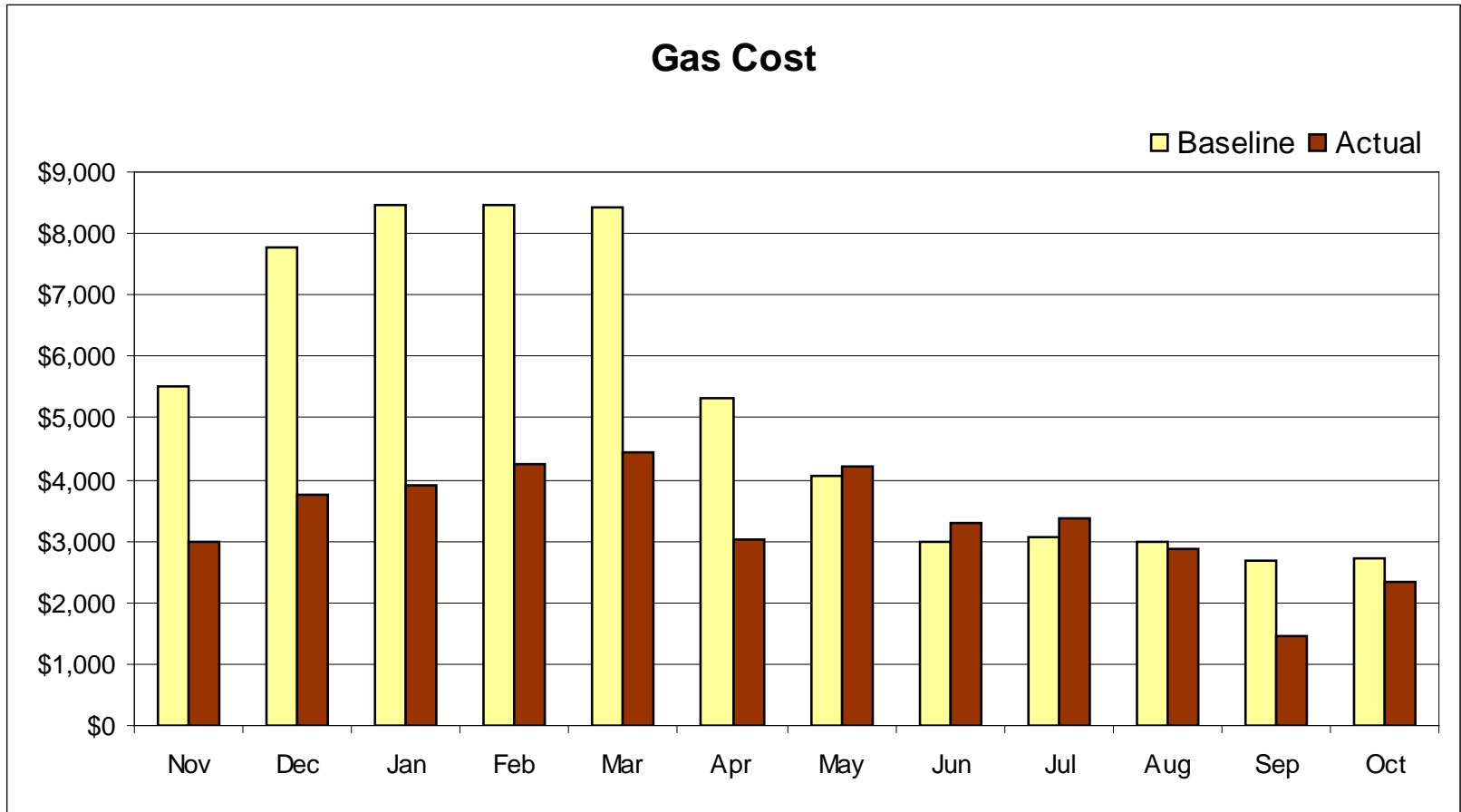


West Point



Air-to-Air HX – Toronto Restaurant





**36% reduction = \$22,600 per year!
(at \$1.30/therm)**

Thanks!

**be
energy
wise**

**save energy, save money,
save the environment.**



fishnick.com